

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Overlook Fitness Center
Recreational Services 973.720.2777 www.wpunj.edu/reccenter			5 on 5 Begins 	Basketball March 21 Register at 	1	WP 2 WPUNJ Bball vs. Kean Women 1:00pm Men 3:00pm	Mon.-Fri. 7:00am-11:00pm Saturday 9:00am-9:00pm Sunday 11:00am-11:00pm *WPUNJ Student ID Required 

3 Yoga 7:30pm @ OFC	4 Kickboxing 3:45pm @ OFC Indoor Soccer Team Meeting 5:30pm	5 Yoga 5:15pm @ RC	6 Strong by Zumba 3:45pm @ OFC	7 	8	9 WP WPUNJ Bball vs. Ramapo Women 1:00pm Men 3:00pm	Rec Center Hours Monday-Friday 7:00am-11:00pm Saturday-Sunday 9:00am-9:00pm
10 Yoga 7:30pm @ OFC	11 Ping Pong Tournament 3:30pm Kickboxing 3:45pm @ OFC	12 Yoga 5:15pm @ RC	13 Strong by Zumba 3:45pm @ OFC	14  Valentine's Day	15  Adult Swim Lessons Begin in March Register @ The Rec	16 	Open Rec Swim Wightman Gym Pool Mon.-Fri. 11am-2pm Mon.-Thurs. 7:30pm-10pm Sat.-Sun. 12pm-4pm
17	18  President's Day Classes cancelled All Fitness Classes Cancelled Open Rec Swm Cancelled	19 Yoga 5:15pm @ RC	20 Strong by Zumba 3:45pm @ OFC	21 Pioneer Fitness Challenge Begins	22  Adult CPR/AED 1:00pm-4:00pm NIRSA National Recreational Sports & Fitness Day	23 	Lifeguard Training & Water Safety Instructor Classes begin in March Sign up @ The Rec

24 Yoga 7:30pm @ OFC	25 Kickboxing 3:45pm @ OFC	26 Yoga 5:15pm @ RC	27 Strong by Zumba 3:45pm @ OFC	28 Pioneer Fitness Challenge Ends
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February 2019





@WPreC