

Scenarios Exercise

Scenario 1: Melodie is a 30-year-old adult student who decided to go back to college after being out of school for 12 years. She enrolled in a history class as it was a subject that had always interested her. However, after a few weeks into the class, she finds herself struggling to keep up with the coursework.

Melodie has a full-time job and two young children at home, which leaves her with very little time to study. She is finding it challenging to balance her work, family responsibilities, and schoolwork. Furthermore, she is having difficulty understanding some of the concepts that are being taught in the class.

During lectures, Melodie finds herself zoning out and not paying attention to the professor. She tries to read the textbook, but the dense language and complex ideas are overwhelming her. She feels embarrassed to ask questions in class, thinking that her peers will think she is not smart enough.

Melodie's grades are slipping, and she is getting anxious about the upcoming mid-term exam. She feels like she is falling behind and is unsure how to catch up.

Scenario 2: Sam is a 21-year-old college student who has been attending William Paterson for the past two years. They have been studying business and are in the process of starting their own startup company. However, they have just learned that he may not be able to register for the next semester due to financial constraints.

Sam's family has been struggling financially for a while, and they are no longer able to pay for his tuition and college expenses. They have been working part-time to cover their expenses, but it is not enough to pay for living expenses and to start payments for the next semester. Sam feels hopeless and disappointed, as they were looking forward to continuing their education and taking courses that would help them reach their goals.

Scenario 3: John is a 19-year-old student who is currently in his second year of college and is a member of the National Guard and plays on the baseball team. He has been struggling with his grades and has a GPA of 2.0, which is lower than what he expected. John has always been a hardworking student, but lately, especially when he has weekend drills, he has been struggling to focus on his studies.

John has been experiencing mental health issues, including anxiety and depression, which have been affecting his daily life. He feels overwhelmed with schoolwork and has difficulty concentrating in class. He has also been experiencing social anxiety, which has led to him isolating himself from his peers.

Despite his struggles, John has been hesitant to seek help. He feels embarrassed and ashamed of his low GPA and worries about what his peers and professors will think of him. He is also afraid to talk to his parents about his mental health issues, as he does not want to burden them with his problems.

Scenario 4: Jasmine is a 20-year-old student who is currently in her third year at William Paterson and lives in the residence halls. She has been doing well in her studies and is on track to graduate. However, Jasmine has recently experienced racial discrimination on campus, which has affected her motivation to finish her coursework.

One day, while Jasmine was walking to her class, a group of students made racist comments towards her. They called her racial slurs and made fun of her accent. Jasmine was shocked and felt humiliated by the experience. She reported the incident to campus security, but they were unable to identify the perpetrators.

Since then, Jasmine has been feeling isolated and insecure on campus. She worries that she will be targeted again and has difficulty focusing on her coursework. She has also noticed that some of her classmates and professors treat her differently because of her race.

Jasmine feels like she does not belong on campus and has lost her motivation to finish her coursework. She feels like no matter how hard she works she will always be judged based on her race.

Scenario 5: Samantha is a 22-year-old William Paterson student who has been struggling with her grades. She is a hardworking student, but lately, she has been missing classes and assignments. Her professors have noticed her absences and have expressed concerns about her academic performance in Navigate.

Samantha is experiencing housing insecurity and has been couch-surfing with friends and family. She has been unable to find stable housing and worries about being homeless. Samantha has also been working part-time to make ends meet and has difficulty balancing her job and schoolwork. She also has a difficult time commuting to campus for classes and feels embarrassed to show up late to class.

The stress of her housing situation has been taking a toll on Samantha's mental health, and she has been feeling overwhelmed and hopeless. She feels like she has no control over her life and that her future is uncertain.

Scenario 6: Tonya is a Junior and received support for a disability in high school but has been embarrassed to ask for help in college. She has stopped attending classes because she had emergency surgery. She communicated with one professor whom she feels comfortable with that she has had to miss class and will make up the work. Her other professors do not know where she is and have emailed her and sent Navigate Alerts that they are concerned with her absences and missing work. While she is recovering, she is not checking her email regularly and has never used Navigate. Her professional advisor cannot get in touch with her.

When she feels better, she feels overwhelmed with all the emails and does not know where to begin making up her work. One of her professors has told her she will fail the class.