

Counseling, Health and Wellness Center



**WILLIAM
PATERSON**
UNIVERSITY

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We Are Open to Serve You



The CHWC is committed to the health and safety of all members of our campus community. We are currently delivering health, counseling and outreach services via telehealth and in person visits while implementing the latest guidelines for COVID-19 prevention and response issued by the CDC and NJ Department of Health.

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We Are Invested in Your Success

- We are an integrated primary health and psychological counseling service that provides clinical, educational and outreach services to enrolled students.
- We are staffed by licensed health providers including nurse practitioners, a consulting physician, mental health counselors, psychologists, clinical social workers, a health educator and administrative support staff.
- Patient information and records are maintained via an electronic medical records system that is fully HIPAA compliant for security and privacy.

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We Promote Your Physical Well-Being

- Primary Care Services- Care for illness and injury
- Physical Exams: Employment, Clinical Clearances, Study Abroad, and Sports Clearances to participate in NCAA and Club Sports
- Immunization compliance tracking
- Lab Services, EKG
- Sexual Health Exams, Birth Control, STI Prevention and Testing
- Health Education

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We Promote Your Mental Well-Being

- Providing a Confidential space for Challenge and Growth individually and in group meetings
- Prioritizing Goals, Motivation and Routines
- Enhancing Skills to Reduce Academic Stress
- Improving communication with loved ones
- Addressing Harmful Habits
- Screening for Mental Health Concerns
- 24-hour Access via our On Call Service
- Referral and coordination with community prescribers

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We Provide Opportunities for Work and Training

Learn Side by Side with our staff

- Internships in Nursing, Counseling, Athletic Training, and Public Health
- Outreach Programming
- Work study options



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We are Here for Emergencies

- Medical: Students calling to report an emergency during office hours will be evaluated & responded to remotely by a medical provider. Students walking in for visits will be evaluated and triaged as needed.
- Mental Health: Students can arrange to be seen for same day visits by phone, video, or in person by appointment during office hours. Counselors are also available by phone 24 hrs a day via our on-call crisis service.
- Campus Police will respond to emergencies on campus involving the health and safety of students. Medical emergencies may be transported by police or local EMS to the appropriate medical facility.

We Keep Your Healthcare Affordable

- Counseling services are free. Clinical health visits are billed at competitive rates. Call ahead for fees if you are interested in a specific service.
- All Students will be treated, regardless of their insurance status or ability to pay
- Students should have a copy of their insurance card and will be responsible for copay fees
- Our staff will offer personalized options to students experiencing financial hardship
- Self pay and uninsured students are given a significant discount for services

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We Help with Insurance Coverage

- Since the Fall of 2020, the university has partnered with Aetna Student Health to offer insurance to full time students that are not covered under another plan.
- Full time Students will be automatically enrolled in the insurance plan this fall. Students with their own insurance have to complete a university waiver documenting proof of coverage to have the plan fee removed from tuition.
- Health insurance is managed by the Office of Student Accounts
- Families receive information about the insurance with their fall 2022 tuition statements.

Immunization Requirements

ALL Students

- **MMR-** (MEASLES, MUMPS RUBELLA) 2 DOSES ARE REQUIRED TO ATTEND
- **HEPATITIS B-** THREE DOSES ARE REQUIRED TO ATTEND
- **MENINGITIS ACWY** VACCINE IS REQUIRED is for all students 18 and younger.
- **COVID -19**– AT LEAST 2 DOSES OF MRNA VACCINE OR 1 J&J REQUIRED TO REGISTER FOR IN PERSON CLASSES
 - MUST UPLOAD COVID Vaccine cards in WPU Connect > COVID-19 VACCINE PORTAL

To access health forms and Immunization Requirements visit our website:

<http://www.wpunj.edu/health-wellness/>

All immunizations are due two months prior to the start of the semester

Religious and medical exemptions must be submitted in writing and uploaded to the student health portal

Residential Students

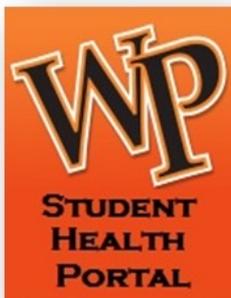
- **MENINGITIS ACYW** VACCINE IS REQUIRED for all residential students. Students will be allowed to move on campus AFTER proof of vaccination is submitted and approved.

****The Men B Vaccine** is not the same and does not meet the state requirement for campus housing

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Welcome to Your Student Portal

The Counseling, Health & Wellness Center



Students can also use the Health Portal to:

- Schedule Health appointments
- View scheduled appointments and complete pre-visit questionnaires
- Complete required health forms
- Send or receive secure messages with the health center staff
- View and print immunizations records
- Update contact information

Instructions on How to Submit Immunization Records

Use the STUDENT HEALTH PORTAL

<http://www.wpunj.edu/health-wellness/health>

1. Start by logging into *WP Connect*
2. Click on Student Tab > General Services > Student Health
3. In the FORMS section of the Student Health Portal, **SELF-ENTER** dates of your immunizations
4. **UPLOAD** all valid copies of immunization records *OR* submit the completed WPU Immunization Form found on our website under *Commonly Used Forms*
5. In the FORMS section of the Student Health Portal, **COMPLETE** the *MENINGITIS & MENINGITIS RISK SURVEYS* (Parents/Guardians complete this for minors 17 and under)
6. All records will be reviewed and approved by our staff

****RESIDENT STUDENTS must submit records of the *Meningitis ACYW* vaccine prior to move in****

Your Student Health Portal

- Used to submit and look up immunization records, submit medical records and communicate securely with medical/counseling staff.
- Separate from rest of university and secured for HIPPA compliance
- <https://www.wpunj.edu/health-wellness/> or to the student health portal under student services

We Protect Your Health

- All areas of our department are cleaned throughout the day with hospital-grade disinfectants.
- All patient exam rooms and equipment are thoroughly cleaned in between patient visits.
- All patients, visitors, and team members are screened daily for COVID-19 symptoms prior to entering the office.
- All patients, visitors and team members must properly wear a facemask at all times.
- Hand sanitizer is available in all patient care spaces.
- Social Distancing is observed throughout the office.

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Interested in Scheduling a Visit?

All students must call our office in order to schedule appointments. Students will answer COVID-19 and health screening questions

Students experiencing Covid-19/cold/flu-like symptoms, have suspected Covid-19 or have been directly exposed to COVID-19, they must fill out a **Covid-19 symptoms/exposure form on WP Connect.** A nurse from Counseling, Health, and Wellness Center will reach out to them to discuss a plan.

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- Patient visits maybe scheduled in the office for an in-person visit.
- Some patient visits may be scheduled via telehealth using a secure and confidential virtual platform with a health provider.
- If an in-office visit is required by the provider, students will complete all required history, consent forms, insurance information, etc. remotely BEFORE the appointment.

Additional COVID Resources

COVID-19 SYMPTOM SELF CHECKER

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

WPU Coronavirus (COVID-19) Information

COVID-19 Vaccination Portal

Log into WP connect and search for Covid-19 Vaccination

COVID-19 Testing Tracker

Log into WP connect and search for Covid-19 Testing Tracker

Counseling, Health, & Wellness Center

<https://www.wpunj.edu/health-wellness/>

Counseling Visits and *24 hour On Call*

973-720-2257

Health Appointments

973-720-2360

Fax 973-720-2632

Physical Location:

Counseling, Health and Wellness Center

Overlook South D Floor

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We'd love your feedback!
Please take this survey on today's
presentation:

