Medicine & Science in Sports & Exercise (MSSE) ®

As per the editorial staff of MSSE:
"For many years, MSSE, used a “hybrid” of the United States National Library of Medicine (NLM) style guide and in-house style preferences which became known as the “MSSE style.” The style now relies on the NLM style for reference format, not only in the MSSE journal but across all publications produced by the American College of Sports Medicine.”

The guidelines and examples follow those found in:

Additional examples can be found at the MSSE submission page: http://edmgr.ovid.com/msse/accounts/ifauth.htm

SOME GENERAL GUIDELINES

- Your paper should use Times New Roman 12-point font. Margins should be 1” (all sides) and the text should be double-spaced.
- The works cited page is titled REFERENCES, in bold, at the top center of the page. Reference entries should be single spaced, but check with your instructor for specific guidelines.
- MSSE style follows the Citation-Sequence style of referencing. This means that your reference list will be organized in the order by which sources are cited in your paper.
- When citing any type of format, one rule is primary: only include sources in your reference list that you have cited within your paper.
- Be consistent. If using the full journal title instead of the title abbreviation, then it should be used in all journal article references.

CITATION SEQUENCE EXAMPLE:

In-text citations are numbered.

Traumatic life events and posttraumatic stress disorder (PTSD) are endemic among American civilians (1). There is a paucity of research on trauma-related disorders in athletes (2). In November 2018 in Lausanne, Switzerland, experts reviewed the scientific literature addressing mental health symptoms and disorders in elite athletes (3).

REFERENCES


Remember: Every reference must be cited, and every citation must have a corresponding reference. Otherwise, do not include the source in your paper.*

- Entries should be single spaced. Do not indent if the citation extends to a second line. Insert a space between entries.**
- Authors are listed last name first followed by the first and middle initials without periods. (E.g.: Skinner BF).
- If fewer than seven (7) authors are listed, all should be mentioned. When seven or more authors are named, list only the first three.
- In article and book titles, capitalize only the first word and follow sentence capitalization.
- Articles from library databases should follow the format for "E-Journals" and include the URL. Use the permalink feature in the database to generate the URL.
- Cite the format you used. If you viewed an article on the Internet, do not cite it as if it were the print version.

*Be sure to check with your instructor for any specific requirements.
**The following examples do not include spaces, due to page limitations.

Below are examples or commonly used sources. Additional examples can be found at the MSSE submission page http://edmgr.ovid.com/msse/accounts/ifauth.htm and Citing Medicine https://www.ncbi.nlm.nih.gov/books/NBK7256/

PRINT JOURNAL ARTICLES

E-JOURNAL ARTICLES

BOOKS

BOOK CHAPTERS

WEBSITES