



# Smoking Etiquette

## Know the Policy

This is a smoke-free campus, including tobacco, vapes, and cannabis.

## If you choose to smoke elsewhere, consider the following:

### Smell Carries More than We Think

Be mindful before attending class, entering a shared space, or meeting with faculty/staff. Even 'odorless' smoke lingers on clothes and hair.

### Watch Where You Gather

Avoid smoking near building entrances, high traffic areas, or even out windows. Respect where people eat, rest, and study.

### Consider Timing

Skip smoking before class, group meetings, internships, or office hours.

### Don't Assume Others' Comfort

Even among friends, roommates, or peers, don't assume others are okay with secondhand smoke. Check in with others before smoking.

### Dispose Thoughtfully

No littering wraps, carts, or butts; Make sure they all make it to the garbage. We are in a shared environment.

### Respect Shared Living

Talk about shared expectations around smells, storage, habits, and comfort. Don't assume.

### Health & Access Awareness

Be aware of your privilege. Even if it's odorless, others have asthma, allergies, or trauma associated with scents and smoke.

### Know Your Limits

If you choose to use, know how it affects your personal and academic responsibilities due to changes in cognition, mood, and focus.

### Respect Goes Both Ways

If someone asks you to move, stop, or adjust, respond with respect, not defensiveness.

Interested in cutting back, quitting, or questioning your use?  
Check out CHWC to get started.  
#StigmaFree

