



Confidentiality

Communication between a student and our staff is confidential. A student's health or counseling record is NOT a part of his/her academic record. No information about a student will be released without the student's prior written consent, unless there is a clear and present danger to an individual's safety or the safety of others.

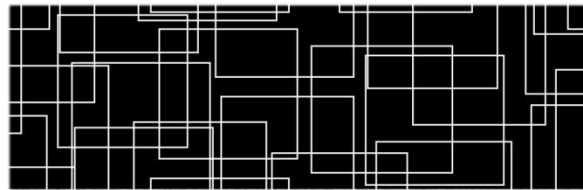
HEALTH REQUIREMENTS:

All new or continuing undergraduate and graduate students enrolled in a program of study leading to an academic degree at any four (4) year public or independent institution of higher education in New Jersey are required to provide evidence of the following immunizations:

- 1) MMR (Measles, Mumps, & Rubella) vaccine – 2 valid doses of each required for all students born after 1956
- 2) Hepatitis B vaccine – valid 3 dose series or an adolescent 2 dose series for all students
- 3) Meningitis – 1 valid dose for any student who will *reside on campus*

If documentation is unavailable, valid lab (titer) test documents may be submitted as proof of immunity.

For questions regarding immunization requirements please call 973-720-2360 or email: wpuimmunization@wpunj.edu.



PEER HEALTH ADVOCATES:



The Peer Health Advocates are a group of certified student peer educators employed by the Counseling, Health and Wellness Center. They are trained to provide health education information to students and offer their services through workshops, theatrical presentations such as Choices, tabling events, collaborations with campus organizations and by hosting substance free events. The Peer Health Advocates serve as role models for the campus community by living healthy lifestyles. Some of the topics they provide information about include STD Prevention/Safe Sex Methods, Alcohol Abuse Awareness, Stress management, Suicide Prevention, Healthy Relationships, and violence prevention. Presentations can be requested by calling 973-720-2257 or emailing peerhealth@wpunj.edu.

For Emergency Medical Care of Assistance:

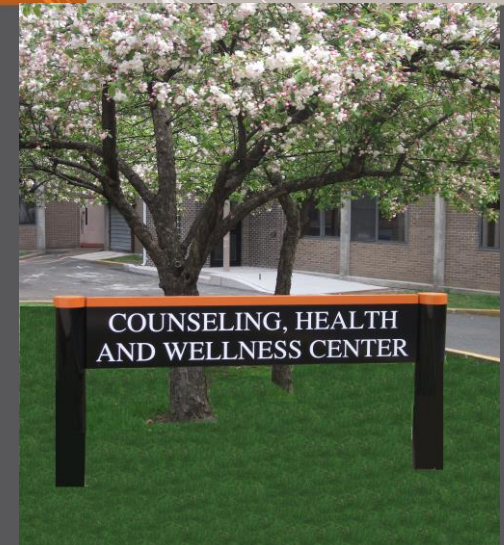
Campus Police	973-720-2300
St. Joseph's Wayne ER	973-956-3300
Health Center	973-720-2360

For Psychological Emergencies:

24 Hour Number	973-720-2257
----------------	--------------

WILLIAM PATERSON UNIVERSITY

THE COUNSELING, HEALTH & WELLNESS CENTER



OVERLOOK SOUTH

973-720-2360

973-720-2257

Fax: 973-720-2632

www.wpunj.edu/health-wellness/



COUNSELING CENTER SERVICES

Students seek counseling for a variety of concerns. These may include:

- Stress management
- Problems adjusting to college
- Time management
- Sadness and loneliness
- Grief and loss
- Anxiety and excessive worrying
- Relationship and sexual problems
- Difficulties with friends and family
- Loneliness
- Harmful habits
- Eating-related and body-image problems
- Recovery from trauma
- Poor self-esteem
- Anger management
- Assertiveness and conflict resolution

The counseling staff provides individual, couples and group counseling sessions. Our therapeutic approach is respectful, responsive and non-judgmental. We also welcome the opportunity to collaborate with individuals, student groups, staff, faculty, and the larger WPU community, by providing consultations, workshops and presentations on topics of your interest.



HOURS OF SERVICE

FALL AND SPRING:

Monday: 8:30am to 6:00pm

Tuesday – Friday: 8:30am to 4:30pm

SUMMER:

Monday: 8:00am to 6:00pm

Tuesday – Thursday: 8:00am to 5:15pm

HEALTH CENTER SERVICES

- Care for illness and injury
- Physical exams
- Health-related counseling
- Job/Study Abroad Physicals
- Clinical/Sport Physicals
- Immunizations/Tuberculosis screen
- Lab services
- Referrals for specialty care, emergency care
- HIV testing
- Full women's and men's health services
 - Annual Exam/Pap Smear/Cancer screenings
 - Contraception
 - Emergency contraception
 - Pregnancy testing and counseling
 - STI Testing

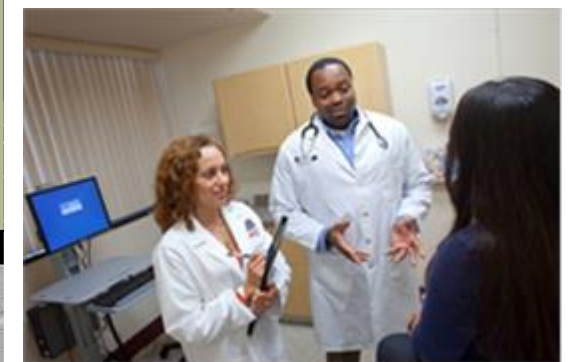


Counseling, Health & Wellness Center Mission

The Counseling, Health & Wellness Center is a welcoming and accepting environment that strives to empower William Paterson University students to make informed decisions about their physical and emotional well-being in order to promote lifelong health.

Through primary health care, personal counseling, health education, prevention services and co-curricular educational opportunities, the Center assists students in achieving success in their academic experience and life goals.

To meet our staff, visit:
www.wpunj.edu/health-wellness/



HEALTH INSURANCE

If you need health insurance please visit:
www.healthcare.gov