

## Who Should Get Tested?

If you answer “yes” to any of these questions then you need to be tested.

- Have you ever had unprotected vaginal, anal, and/or oral sex with anyone?
- Have you had multiple sex partners?
- Have you ever had sex while under the influence of alcohol and/or drugs?
- Have you ever been diagnosed or treated for any sexually transmitted diseases (chlamydia, gonorrhea, herpes, genital warts, etc.)?
- Have you ever injected drugs, steroids or shared equipment (such as needles & syringes) with others?
- Have you ever received a tattoo or piercing?
- Have you ever been a victim of sexual assault?
- Do you work in a healthcare setting where you are exposed to bodily fluids?
- Have you ever had unprotected sex or shared injected drugs with someone who could answer yes to any of the above questions?

*Center for Disease Control (CDC) recommends that anyone, who is sexually active or sharing needles, should be tested every year.*

**According to the CDC's, 2008 HIV statistics, someone in the United States is infected with HIV every 9.5 minutes.**

# Don't Wait...

# Know

# Your

# HIV

# Status

Call The Health Center to  
make an appointment today

973-720-2360

Remember that “getting tested”  
does not prevent HIV.

**ONLY YOU CAN PREVENT IT!!**

**Free & Confidential**

**RAPID**

**HIV**

**TESTING**

**For WPU**

**Students**



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## What is HIV & AIDS?

HIV (human immunodeficiency virus) is a virus that attacks the immune system, the body's natural defense system.

AIDS (acquired immunodeficiency syndrome) is the end stage of HIV infection, where the body is no longer able to fight off life-threatening diseases because the immune system is too damaged.

Having HIV does not mean you have AIDS. Even without treatment, it takes a long time for HIV to progress to AIDS—usually 10 to 12 years. HIV will continue to damage your immune system over this time, usually with NO SYMPTOMS!!

## Why Get Tested for HIV?

If HIV is diagnosed early, medicines can slow or stop the damage to the immune system. Knowing your status will also help you prevent spreading the virus to other people. With treatment, many people with HIV are able to live long and active lives.



## How is HIV Spread?

The following body fluids have been proven to contain the HIV virus:

- blood
- semen
- vaginal fluid
- breast milk
- other body fluids *containing* the above mentioned fluids

HIV is **spread** through these body fluids entering the body:

- during unprotected sex
- while sharing needles
- tattoos/piercing with non-sanitized equipment
- mother to infant during pregnancy, delivery or breastfeeding

HIV is **not** spread by casual contact such as:

- sneezing
- coughing
- sharing utensils
- shaking hands
- hugging
- using restrooms
- swimming pools

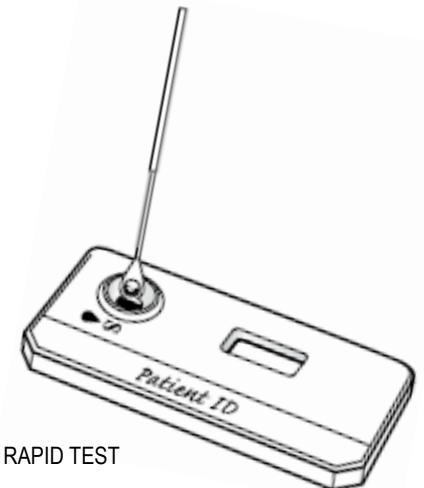
## How Does The HIV Test Work?

When infected with HIV, the body produces proteins called antibodies. The HIV Test detects those antibodies, not the HIV virus itself.

On average, it takes 25 days or longer for the body to make the HIV antibodies. During this time period, antibodies may **NOT** be detected, but **you can still infect others** with the HIV virus. Even if antibodies are not yet detected, you may still be HIV positive. To be 100% sure of your status, you must test a minimum of 6 months from the last time you were possibly exposed to HIV.

It is very easy to get tested. We use a small drop of blood from your fingertip.

**You get the results in 15 minutes!**



HIV RAPID TEST