

# Commit To Be Fit!

## Spring 2021 Fitness Classes

Beginning January 18, 2021

@WPrec Instagram Live

**Yoga w/Jill**

**Sundays, 6:30pm**

**Kickboxing w/Barry**

**Mondays, 3:45pm**

**Yoga w/Mandy**

**Mondays, 4:45pm**

**Strong Nation w/Katonya**

**Wednesdays, 3:45pm**

