

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<div> <h1>April 2013</h1> </div>
<div> Find us on Facebook </div>	<div> 1 Kickboxing @ OFC 3:45pm-4:45pm Self Defense I @ OFC 5:00pm-6:00pm Karate @ The Rec 6:15pm-7:15pm Yoga @ The Rec 7:30pm-8:30pm </div>	<div> 2 CPR/AED for the Prof. 6:00pm-9:30pm <div> Zumba @ OFC 12:30pm-1:30pm Taekwondo @ The Rec 5:30pm-6:30pm </div> </div>	<div> 3 <div>Totally Fit @ The Rec 3:45pm-4:45pm</div> </div>	<div> 4 <div> Zumba @ OFC 5:00pm-6:00pm Hip Hop @ OFC 7:00pm-8:00pm </div> </div>	<div> 5 GET CONNECTED 10:00pm-1:00am Zumba @ OFC 11:00am-12:00pm 27th Annual Best Bench Prelims Begin </div>	<div> 6 CPR/AED Review 10:00am-2:30pm </div>	
<div> 7 </div>	<div> 8 Kickboxing @ OFC 3:45pm-4:45pm Self Defense I @ OFC 5:00pm-6:00pm Karate @ The Rec 6:15pm-7:15pm Yoga @ The Rec 7:30pm-8:30pm </div>	<div> 9 CPR/AED for the Prof. 6:00pm-9:30pm <div> Zumba @ OFC 12:30pm-1:30pm Taekwondo @ The Rec 5:30pm-6:30pm </div> </div>	<div> 10 <div>Totally Fit @ The Rec 3:45pm-4:45pm</div> </div>	<div> 11 <div> Zumba @ OFC 5:00pm-6:00pm Hip Hop @ OFC 7:00pm-8:00pm </div> </div>	<div> 12 Zanfino Plaza 8pm-11pm <div> Zumba @ OFC 11:00am-12:00pm </div> </div>	<div> 13 </div>	<div> <h2>Rec Center Hours</h2> Monday-Friday 7:00am-11:00pm Saturday-Sunday 9:00am-9:00pm </div>
<div> 14 </div>	<div> 15 Kickboxing @ OFC 3:45pm-4:45pm Self Defense I @ OFC 5:00pm-6:00pm Karate @ The Rec 6:15pm-7:15pm Yoga @ The Rec 7:30pm-8:30pm </div>	<div> 16 <div> Zumba @ OFC 12:30pm-1:30pm Taekwondo @ The Rec 5:30pm-6:30pm </div> </div>	<div> 17 <div>Totally Fit @ The Rec 3:45pm-4:45pm</div> </div>	<div> 18 <div> Zumba @ OFC 5:00pm-6:00pm Hip Hop @ OFC 7:00pm-8:00pm </div> </div>	<div> 19 Best Bench Prelims End <div> Zumba @ OFC 11:00am-12:00pm </div> 2 on 2 Beach Volleyball 7:00pm on the Outdoor Volleyball Court Entries due for Tennis </div>	<div> 20 First Aid 10:00am-3:00pm </div>	<div> <h2>Overlook Fitness Center</h2> Mon.-Fri. 7:00am-11:00pm Saturday 9:00am-9:00pm Sunday 11:00am-11:00pm </div>
<div> 21 Get The Hike Outta Here! Annual Clean Up Hike 10:00am-2:30pm </div>	<div> 22 </div>	<div> 23 </div>	<div> 24 Tennis Singles Tournament 5:30pm @ the Tennis Courts </div>	<div> 25 27th Annual Best Bench Competition 12:00 noon </div>	<div> 26 CPR/AED Review 6:00pm-10:30pm Lifeguard Training Review 6:00pm-10:30pm Entries due for Wiffleball Tournament </div>	<div> 27 Lifeguard Training Review 9:00am-5:30pm </div>	<div> <h2>Open Rec Swim Wightman Gym Pool</h2> Mon.-Fri. 11am-2pm Tues. & Thurs. 5pm-7:30pm Mon.-Thurs. 7:30pm-10pm Sat.-Sun. 12pm-4pm </div>
<div> 28 </div>	<div> 29 </div>	<div> 30 </div>	<div> <h1>Recreational Services</h1> 973.720.2777 www.wpunj.edu/reccenter/ <div> </div> </div>				<div> <h2>"DESTRESS NIGHT"</h2> May 3, 2013 10:00pm-1:00am </div>