

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<div> <div>April 2017</div> <div> </div> </div>
<div> <div>Recreational Services</div> <div>    @WPRec </div> <div> 973.720.2777 www.wpunj.edu/reccenter/ </div> </div> <div> </div>							<div>  1 </div> <div> Get The Hike Outta Here! Mystery Hike 10:00am-2:30pm </div>
<div>2</div> <div> Yoga @ OFC 7:30pm-8:30pm Free </div>	<div>3</div> <div> NCAA Final Four Championship 9:00pm Free Food &amp; Prizes  <div> Conditioning &amp; Self Defense @ OFC 3:45pm-4:45pm Zumba @ The Rec 8:00pm-9:00pm Free For Students </div> </div>	<div>4</div> <div> Yoga @ The Rec 5:15pm-6:15pm </div>	<div>5</div> <div> Kickboxing @ OFC 3:45pm-4:45pm Zumba @ OFC 6:00pm-7:00pm </div>	<div>6</div> <div>  Zumba @ The Rec 5:00pm-6:00pm Free For Students </div>	<div>7</div> <div> Friday Nite at the Rec   Unity In The Community 10:00pm-1:00am 31st Annual Best Bench Prelims Begin  <div> Soul Spin @ OFC 12:45pm-1:45pm </div> </div>	<div>8</div> <div> </div>	<div> Rec Center Hours  Monday-Friday 7:00am-11:00pm  Saturday-Sunday 9:00am-9:00pm </div>
<div>9</div> <div> Water Safety Instructor 10:00am-6:00pm  <div> Yoga @ OFC 7:30pm-8:30pm Free </div> </div>	<div>10</div> <div> Conditioning &amp; Self Defense @ OFC 3:45pm-4:45pm Zumba @ The Rec 8:00pm-9:00pm Free For Students </div>	<div>11</div> <div>  CORNHOLE Cornhole Tournament 5:00pm @ the Rec Center  <div> Yoga @ The Rec 5:15pm-6:15pm </div> </div>	<div>12</div> <div> Kickboxing @ OFC 3:45pm-4:45pm Zumba @ OFC 6:00pm-7:00pm </div>	<div>13</div> <div>  Volleyball Meet Us At The Net 12:30 Zanfino Plaza Free Food &amp; Prizes  <div> Zumba @ The Rec 5:00pm-6:00pm Free For Students </div> </div>	<div>14</div> <div> Rec Center &amp; Overlook open 7am-11pm POOL CLOSED </div>	<div>15</div> <div>  POOL CLOSED  Rec Center &amp; Overlook open 9am-3pm </div>	<div> Overlook Fitness Center  Mon.-Fri. 7:00am-11:00pm  Saturday 9:00am-9:00pm  Sunday 11:00am-11:00pm </div>
<div>16</div> <div>  EASTER  Rec Center Open 5pm-9pm  Overlook Closed  POOL CLOSED </div>	<div>17</div> <div> Download   REC IT  for IM Schedules &amp; Fitness Classes </div>	<div>18</div> <div></div>	<div>19</div> <div> </div>	<div>20</div> <div></div>	<div>21</div> <div> Adult CPR/AED 1:00am-4:00pm   CPR/AED for the Prof. Rescuer 6:00pm-10:00pm  LGT Recertification 6:00pm-10:30pm  31st Annual Best Bench Prelims End </div>	<div>22</div> <div> Adult CPR/AED 9:30am-12:30pm   First Aid 12:15pm-3:00pm  Get The Hike Outta Here!  Annual Clean Up Hike 10:00am-2:30pm  LGT Recertification 9:30am-5:30pm </div>	<div> Open Rec Swim  Wightman Gym Pool  Mon.-Fri. 11am-2pm  Tues. &amp; Thurs. 5pm-7:30pm  Mon.-Thurs. 7:30pm-10pm  Sat.-Sun. 12pm-4pm </div>
<div>23</div> <div> Waterfront Lifeguard 10:00am-3:30pm  Water Safety Instructor 10:00am-6:00pm  Get The Hike Outta Here!  Sandy Hook 9:00am-5:30pm  </div>	<div>24</div> <div> </div>	<div>25</div> <div> Tennis Singles Tournament 3:00pm @ the Tennis Courts  2 on 2 Beach Volleyball 5:00pm on the Outdoor Volleyball Court </div>	<div>26</div> <div> </div>	<div>27</div> <div>  31st Annual Best Bench Competition 12:00 </div>	<div>28</div> <div> Spring Jam </div>	<div>29</div> <div> Friday Nite at the Rec   De-Stress Night May 5, 2017 10:00pm-1:00am   Yoga Chair Massages Free Food </div>	
<div>30</div> <div></div>							