Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Rec Center Hours Monday-Friday
	Healthy Through the Hustle Link in our Instagram Bio @WPRec		3	JOIN TODAY	5	6	8:30am-9:30pm Saturday-Sunday
@WPRec	Kickboxing, 3:45pm Yoga, 4:45pm Instagram Live @WPRec	Super Smash Bros. 6:30pm on Battlefy.com	Strong Nation, 3:45pm Instagram Live @WPRec	Register for Ir BATTLEFY	intramurals at:	Rec Center Closed	Closed Reservations Required at: www.imleagues.com/williampaterson/fitness
Yoga, 6:30pm Instagram Live @WPRec Rec Center Closed	Kickboxing, 3:45pm Yoga, 4:45pm Instagram Live @WPRec	Madden 21 6:30pm on Battlefy.com	10 Strong Nation, 3:45pm Instagram Live @WPRec	11	12	13 Rec Center Closed	Get Stoff
Valentine's Day Yoga, 6:30pm Instagram Live @WPRec Rec Center Closed	President's Day Classes cancelled Kickboxing, 3:45pm Yoga, 4:45pm Instagram Live @WPRec	FIFA 21 6:30pm on Battlefy.com	Strong Nation, 3:45pm Instagram Live @WPRec	18	WEAR A MASK.	20 Rec Center Closed	Be A Player & Win!
Yoga, 6:30pm Instagram Live @WPRec Rec Center Closed	22 Kickboxing, 3:45pm Yoga, 4:45pm Instagram Live @WPRec	23 Badminton Tournament 6:00pm - 9:00pm Rec Center	24 Strong Nation, 3:45pm Instagram Live @WPRec	25 in zesi	26	Rec Center Closed	Everyone playing in Intramural tournaments & leagues this semester will receive a WP Rec T-shirt Shaker Bottle
Yoga, 6:30pm Instagram Live @WPRec	RCCI 973.720.2	eatic Ser	onal' vices		end of the semest	er raffle	bruary 2021

Fit Bit & More!

www.wpunj.edu/reccenter

Rec Center Closed

Rec Center Hours