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# **Succeeding in Challenging Courses**



**Presented by: The Academic Success Center**

# Overview

1. Facing the inevitable
2. 14 tips on how to ace that class you hate



# Facing the Inevitable

- In life, you will encounter situations that are unpleasant, boring, and irrelevant to your end goal in life **ESPECIALLY IN COLLEGE!**
- You will have to take classes to fulfill certain requirements that you might not be interested in.
- How do you pass a class you dislike?



## Tip #1: Go to class

- Skipping classes will only make the situation worse.
- Try to attend the class so that you don't fall behind by missing material.

## Tip #2: Check your mindset

- Don't think "UGH I have to take this boring class" or "It's a waste of my time".
- Do think "Although this class is boring I have the opportunity to learn something new."

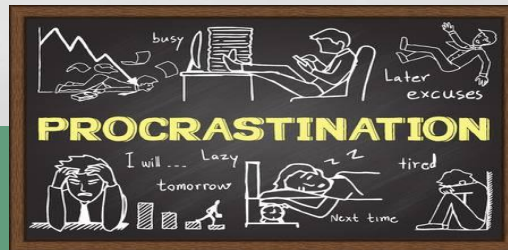


## Tip #3: Don't procrastinate

- There is nothing worse than leaving the assignment you dread most until the last minute or not doing the assignment at all!
- Get the assignment for the boring class out the way!

## Tip #4: Talk to the professor

- Be honest with them. Tell them you don't find the course interesting and ask for tips to succeed.
- Talking to the professor could change your perspective!
- You may find them personable.





## Tip #5: Engage with other students

- Other students may feel the same way & can share how they get through class.
- Become acquaintances with a passionate person in class. They could present you with a new perspective!
- Study groups!

## Tip #6: Make associations

- Try to find something in the class that you can relate to your future career.
- Tie major assignments to your future career.
- You may learn something new!



## Tip #7: Create a reward system

- Create a reward system that will make you more likely to go to class AND STICK TO IT!
- Reward → After class I will treat myself to an episode of my favorite show.
- Consequence → If I don't go to class I won't watch my favorite show and have to spend extra time studying/reviewing.

## Tip #8: Find your learning styles

- You may like the subject just not the professor's teaching. Your learning style can influence this.
- Tailor the course to the way you learn. (Audio book/Videos/Hands-on models) May take more time but will pay off.





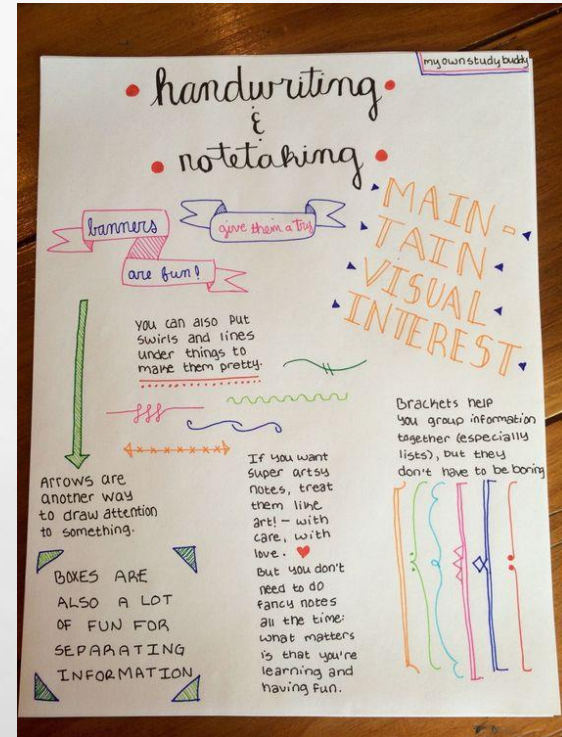


## Tip #9: Bring a snack

- If your professor allows bring a snack!
- Snacking can help create a positive association in your mind between that class and your favorite food!

# Tip #10: Note Taking

- Taking notes helps you stay connected with professor.
- Make notes colorful & fun.





## Tip #11: Schedule it at the right time

- Don't schedule the class at 8am or too late.
- Try to sandwich the class in between classes you like.

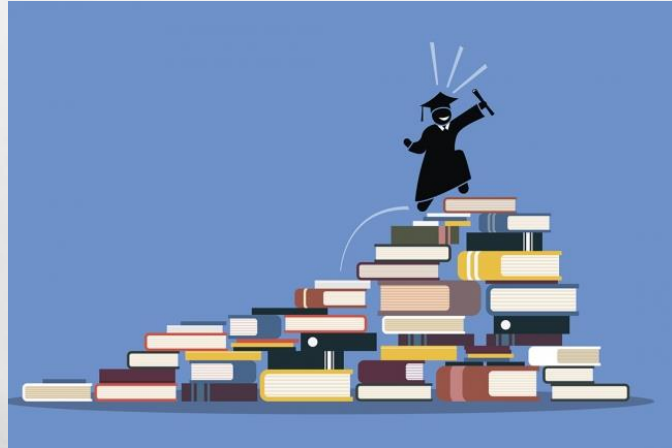
## **Tip #12: Only temporary**

- This boredom shall pass!
- Temporary 15-week sacrifice.

## **Tip #13: If you fail you'll have to take it again**

- Do your best to get the class out of the way!
- University core classes are required.
- Don't torture yourself repeating a class you do not like.

**“Learning to embrace challenges and succeed regardless of ‘hating’ or disliking something is part of college” -Anonymous**



**Questions?**