

Spring 2020 Academic Success Center Workshop Series

Navigating Online Courses

<https://www.wpunj.edu/contentAsset/raw-data/460e3c1e-f508-42c2-bc62-bd96dc343f5d/fileAsset/byInode/1?random=7137>

Study and Notetaking Hacks

<https://www.wpunj.edu/contentAsset/raw-data/8e75de16-6d94-430f-8bb5-6ed7c7c35b6a/fileAsset/byInode/1?random=7137>

Spring into Academic Success

<https://www.wpunj.edu/contentAsset/raw-data/91a521f8-c60b-43d5-aaec-09ce7dad593a/fileAsset/byInode/1?random=7137>

Understanding and Overcoming Test Anxiety

<https://www.wpunj.edu/contentAsset/raw-data/d1584d6f-4102-4b4f-b46f-d5bf5118dab4/fileAsset/byInode/1?random=7137>

Helpful Apps for Downloading Success

https://www.wpunj.edu/academics/asc/assests/Helpful+Apps+for+Downloading+Success_.pdf?language_id=1

Spring Break Bounce Back

<https://www.wpunj.edu/contentAsset/raw-data/4dbd3b2f-dd67-426b-b13d-3576940f5742/fileAsset/byInode/1?random=7137>

Positive and Productive Decision Making

<https://www.wpunj.edu/contentAsset/raw-data/3ceea436-3c62-4e5d-b8dc-1699d5de6682/fileAsset/byInode/1?random=7137>

Succeeding in Challenging Courses

<https://www.wpunj.edu/contentAsset/raw-data/84b9df41-f3a8-4e09-af83-b4195383ad09/fileAsset/byInode/1?random=7137>

Preparing for the Final(S) Stretch

<https://www.wpunj.edu/contentAsset/raw-data/975155f7-c68c-4cca-a2a1-a05e3e1db947/fileAsset/byInode/1?random=7137>

Video Clips

How to Make Yourself Study When You Have ZERO Motivation <https://youtu.be/9oW0socN7qg>

How to Read Your Textbooks More Efficiently <https://youtu.be/tgVjmFSx7rg>

How to Take Notes in Class: The 5 Best Methods <https://youtu.be/AffuwyJZTQQ>

8 Habits of Highly Successful Students <https://youtu.be/JuYwsNO5XyY>

How to Create a Morning Routine (and stick to it Long-Term) <https://youtu.be/k3Ls28qBT5c>

8 Habits You Should Practice at Least Once a Week [https://youtu.be/ NO1dvMDXQ](https://youtu.be/NO1dvMDXQ)