

Fall 2020 Academic Success Center Module Information

Instructions:

Please review 3 workshops and view 1 video clip. Upon completion of the module click the link below and complete a short survey to tell us about your experience.

https://wpunj.qualtrics.com/jfe/form/SV_39oEG9eBpSK3sEd

Workshops

Navigating Online Courses

<https://www.wpunj.edu/contentAsset/raw-data/460e3c1e-f508-42c2-bc62-bd96dc343f5d/fileAsset/byInode/1?random=7137>

Study and Notetaking Hacks

<https://www.wpunj.edu/contentAsset/raw-data/8e75de16-6d94-430f-8bb5-6ed7c7c35b6a/fileAsset/byInode/1?random=7137>

Understanding and Overcoming Test Anxiety

<https://www.wpunj.edu/contentAsset/raw-data/d1584d6f-4102-4b4f-b46f-d5bf5118dab4/fileAsset/byInode/1?random=7137>

Helpful Apps for Downloading Success

https://www.wpunj.edu/academics/asc/assests/Helpful+Apps+for+Downloading+Success_.pdf?language_id=1

Positive and Productive Decision Making

<https://www.wpunj.edu/contentAsset/raw-data/3ceea436-3c62-4e5d-b8dc-1699d5de6682/fileAsset/byInode/1?random=7137>

Succeeding in Challenging Courses

<https://www.wpunj.edu/contentAsset/raw-data/84b9df41-f3a8-4e09-af83-b4195383ad09/fileAsset/byInode/1?random=7137>

Preparing for the Final(S) Stretch

<https://www.wpunj.edu/contentAsset/raw-data/975155f7-c68c-4cca-a2a1-a05e3e1db947/fileAsset/byInode/1?random=7137>

Video Clips

How to Make Yourself Study When You Have ZERO Motivation <https://youtu.be/9oW0socN7gg>

How to Read Your Textbooks More Efficiently <https://youtu.be/tgVimFSx7rg>

How to Take Notes in Class: The 5 Best Methods <https://youtu.be/AffuwyJZTQQ>

8 Habits of Highly Successful Students <https://youtu.be/JuYwsNO5XyY>

How to Create a Morning Routine (and stick to it Long-Term) <https://youtu.be/k3Ls28qBT5c>

8 Habits You Should Practice at Least Once a Week <https://youtu.be/NO1ldvMDXQ>