

**Appendix A**  
**Associate of Science Degree in Exercise Science at Raritan Valley Community College**  
**to a**  
**Bachelor of Science Degree in Exercise Science at William Paterson University**

<b>Credits</b>	<b>Courses at Raritan Valley Community College</b>	<b>Equivalent Courses at William Paterson University</b>
3	FITN 123 Prevention & Care of Athletic Injuries ( <i>required</i> )	EXSC 2100 Survey of Athletic Injuries ( <i>required</i> )
3	FITN 129 First Aid & CPR ( <i>required</i> )	KNES 2000 First Aid & CPR ( <i>elective credit</i> )
3	FITN 131 Current Health Issues ( <i>required</i> )	PBHL 1100 Healthy U ( <i>University Core Course-personal well-being</i> ) This is now an elective course at WPU because the B.S. (Exercise Science) degree requires KNES 1000 Active Lifestyles for Health
3	FITN 115 Dynamics of Health and Fitness	KNES 1000 Active Lifestyles for Health ( <i>required</i> )
3	FITN 203 Exercise Measurement and Prescription ( <i>required</i> )	KNES 2300 Tests and Measurements ( <i>required</i> )
4	BIOL 124 Human Anatomy & Physiology I ( <i>required</i> )	BIO 1180 Basic Anatomy and Physiology I ( <i>prerequisite</i> )
4	BIOL 125 Human Anatomy & Physiology II ( <i>required</i> )	BIO 1190 Basic Anatomy and Physiology II ( <i>required</i> )
3	BIOL 142 Introduction to Nutrition ( <i>required</i> )	PBHL 2210 Nutrition ( <i>required</i> )
1	FITN 132 Concepts of Aerobic Conditioning	EXSC 1500 Aerobic Conditioning (2 credits) ( <i>required</i> )
1	FITN 135 Introduction to Weight Training	EXSC 1600 Resistance and Flexibility Training (2 credits) ( <i>required</i> )
3	FITN 146 Exercise Physiology & Body Mechanics	KNES 3500 Physiology of Exercise ( <i>required</i> )
3	FITN 207 Sports Management	SPM 2000 Foundations of Sport Management ( <i>elective</i> )

**Notes:**

1. William Paterson University recommends students take two semesters of one foreign language at the community college. Two semesters of American Sign Language can also fulfill the foreign language requirement.
2. William Paterson University will accept all associate degree credits under this program-to-program articulation agreement, including up to half of the William Paterson University major required credits, from New Jersey community college students who enroll at William Paterson University Fall 2015 and beyond.