KINESIOLOGY

College of Science and Health

Bachelor of Science; **PHYSICAL EDUCATION**

Incoming Students: **Fall 2016**

**UCC REQUIREMENTS [40-41 credits]**

**AREA 1: PERSONAL WELLBEING [3]**

PBHL 1100 Healthy U 3 cred.

**AREA 2: EXPRESSION [9]**

a. Arts/Communication

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 cred.

b. Writing

ENG 1100 College Writing 3 cred.

c. Literature

ENG 1500 Experiences in Literature 3 cred.

**AREA 3: WAYS OF KNOWING [19-20]**

a. Philosophical Perspectives

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 cred.

b. Historical Perspectives

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 cred.

c. Social/Behavioral Science (2 different disciplines)

PSY 1100 General Psychology 3 cred.

SOC 1010 Principles of Sociology 3 cred.

d. Scientific Perspectives (choose 1 of the following)

BIO 1120 General A& P I 4 cred.

e. Quantitative Thinking

MATH 1300 Elementary Statistics 3 cred.

**AREA 4: DIVERSITY & JUSTICE [3]**

* ***Must complete 18 credits in UCC prior to taking Area 4***

KNES 2550 Disability & Diversity in PA 3 cred.

**AREA 5: CIVIC & COMMUNITY ENGAGEMENT [3]**

* ***MUST COMPLETE Area 4 before taking Areas 5&6***

\_EDUC 4150 Student Teaching Internship\_\_\_\_ 3 cred.

**AREA 6: GLOBAL AWARENESS [3]**

* ***MUST COMPLETE Area 4 before taking Areas 5&6***

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 cred.

**FIRST YEAR SEMINAR [1]**

* ***Required for 1st year students & transfers with less than 12 credits***

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 1 cred.

**INTENSIVE REQUIREMENTS**

**These courses can be double counted within the UCC, the major, or as free electives. If you are a transfer with an AA/AS degree you must take one WI course and zero TI courses.**

**WRITING INTENSIVE (WI) \*W**

* ***The first WI course must be Area 2 College Writing***
* ***At least one course must be at the 300 or above level***

ENG 1100 College Writing 3 cred.

ENG 1500 Experiences in Literature 3 cred.

KNES 3530 Motor Learning 3 cred.

EDUC 4150 Student Teaching Internship 3 cred.

**TECHNOLOGY INTENSIVE (TI) \*T**

PETC 2310 Assessment in PE 3 cred.

KNES 2200 Motion Analysis 3 cred.

**UNIVERSITY REQUIREMENTS**

**FOREIGN LANGUAGE [6]**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 cred.

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A grade point average of 3.00 must be earned in this major.

**PHYSICAL EDUCATION CORE COURSES (18 credits)**

* KNES 1200 Introduction to Kinesiology
* KNES 2200 Motion Analysis\*T
* KNES 2550 Disability & Diversity in Phys. Activity
* KNES 3500 Physiology of Exercise
* KNES 3530 Motor Learning\*W
* KNES 4500 Psycho Social Dimensions of Sport

**PROFESSIONAL EDUCATION SEQUENCE (35 credits)**

* PETC 2150 Teaching Fitness Activities in PE
* PETC 2310 Assessment in Physical Education\*T
* PETC 3110 Movement Education
* PETC 2650 Management & Planning in PE
* PETC 3840 Adapted & Inclusive Physical Education
* PETC 3950 Elementary Methodology in PE
* PETC 3960 Secondary Methodology in PE
* PETC 3970 Clinical Experience- Elementary
* PETC 3980 Clinical Experience- Secondary
* EDUC 4150 Senior Teaching Internship\*

**PERFORMANCE SKILLS (6 credits)**

* PETC 1200 Dual Net Games
* PETC 1210 Team Invasion Games
* PETC 1220 Individual Games
* PETC 2230 Team Net & Field Games
* PETC 2240 Team Invasion Games II
* PETC 2250 Individual Dance

**PHYSICAL EDUCATION SPECIALITIES (6 credits)**

***\*Select (2) of the following:***

* PETC 3400 Adventure Education
* PETC 3410 Teaching Strength & Conditioning in PE
* PETC 3420 Sport Coaching Methods

**HEALTH CERTIFICATION (15 credits)**

* PBHL 1100 Healthy U
* PBHL 2150 Drugs & Health
* PBHL 2210 Nutrition
* PBHL 3900 Human Sexuality
* PBHL 4520 Teaching School Health

**DIRECTED ELECTIVES (11 credits)**

* BIO 1130 General Anatomy & Physiology II
* CHEM 1310 Chemistry
* CIRL 3350 Literacy, Tech, and Instruction

**ADDITIONAL ENDORSEMENT (3 credits)**

* PETC 3300 Contemporary Methods, Materials, and Evaluation in Drivers Ed.

Credits for Physical Education Cert: 117.5

Credits for Physical Education, Health & Drivers Ed.: 132.5

***Suggested Sequence of Courses***

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **1st semester** | | Credits | **2nd semester** | | Credits |
| BIO 1120 | General Anatomy & Physiology I | 4 | BIO 1130 | General Anatomy & Physiology II | 4 |
| ENG 1100 | College Writing | 3 | SOC 1010 | Principles of Sociology | 3 |
| KNES 1200 | Intro to Kinesiology | 3 | ENG 1500 | Experiences in Literature | 3 |
| PSY 1100 | General Psychology | 3 | MATH 1300 | Elementary Statistics | 3 |
| WPU 101 | First-Year Seminar | 1 | --------------- | Area 2 or 3 course | 3 |
| PBHL 1100 | Healthy U | 3 | PETC 1--- | Performance Skills Course | 1 |
| PETC 1--- | Performance Skills Course | 1 |  |  |  |
| Credits | | 18 | Credits | | 17 |
| **3rd semester** | |  | **ENTER COHORT (SPRING: SEM 1)** | |  |
| CHEM 1310 | College Chemistry | 4 | PETC 3110 | Movement Education | 3 |
| KNES 2200 | Motion Analysis | 3 | PETC 2650 | Management & Planning in PE | 3 |
| KNES 2550 | Disability & Diversity in Physical Activity | 3 | PETC 2150 | Fitness Activities in K-12 Students | 3 |
| PETC 2310 | Assessment in Physical Education | 3 | PBHL 2210 | Nutrition | 3 |
| PBHL 2150 | Drugs & Health | 3 | ------------- | Area 2 or 3 course | 3 |
| PETC 1--- | Performance Skills Course | 1 | PETC 2--- | Performance Skills Course | 1 |
|  |  |  |  |  |  |
| \*Students must take & pass matriculation requirements  Credits | | 17 | Credits | | 16 |
| **5th semester (SEM 2)** | |  | **6th semester (SEM 3)** | |  |
| PETC 3950 | Elementary Methods in PE | 3 | PETC 3960 | Secondary Methods in PE | 3 |
| PETC 3970 | Practicum I: Elementary School | 1 | PETC 3980 | Practicum II: Secondary School | 1 |
| KNES 3300 | Exercise Physiology | 3 | LANG | Foreign Language I | 3 |
| PBHL 3900 | Human Sexuality | 3 | PETC 3840 | Adapted & Inclusive PE | 3 |
| CIRL 3350 | Literacy, Technology, and Instruct. | 3 | PBHL 4520 | Teaching School Health | 3 |
| ------------- | Area 2 or 3 course | 3 | PETC ---- | PE Specialty Course (Option I) | 3 |
| PETC 2--- | Performance Skills Course | 1 | PETC 2--- | Performance Skills Course | 1 |
|  |  |  |  |  |  |
| Credits | | 17 | Credits | | 17 |
| **7th semester (SEM 4)** | |  | **8th semester (SEM 5)** | |  |
| PETC 3300 | Contemporary Methods in Drivers Ed. | 3 | EDUC 4150 | Clinical Practice – Secondary PE | 12 |
| ------------- | Area 6 course | 3 | KNES 4500 | Psycho Social Dimensions of Sport | 3 |
| KNES 3530 | Motor Learning | 3 |  |  |  |
| LANG | Foreign Language II | 3 |  |  |  |
| PETC ---- | PE Specialty Course (Option II) | 3 |  |  |  |
|  |  |  |  |  |  |
| Credits | | 15 | Credits | | 15 |