Department of Public Health Internship Manual



2015-2016

WILLIAM PATERSON UNIVERSITY

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Letter from the Department Chairperson

Dear student,

You are about to begin one of the most exciting and rewarding aspects of your undergraduate education – the senior internship. In the Department of Public Health, we view the internship as the culminating experience of your undergraduate studies – an opportunity for you to see how everything that you have learned in your major courses relates to the broader world of public health.

Your public health faculty has prepared you well for your internship. In just a few short semesters you have developed the key skills and learned the essential content needed for success in your internship experience. Our internship sites frequently praise the high quality of the William Paterson University interns and our alumni tell us how they often used what they learned in their coursework during their internship experience, and subsequently in their careers.

In the coming months you will engage in a series of structured activities that will enable you to begin thinking about your transition from the classroom to the internship. If you are diligent and successful in the completion of these tasks, in just a few short months you will begin your internship and demonstrate to yourself just how far you have come in your training.

This is certainly an exciting time in your education. Embrace it and enjoy it!

Sincerely,

Dr. William D. Kernan

Associate Professor and Chairperson

Department of Public Health



Letter from the Internship Site Coordinator

Dear student,

Welcome to your senior year! This year will prove to be both challenging and exciting as you begin the process of closing one chapter of life and turning the page to start a new one.

During the Fall semester, we will work together to prepare your resume and portfolio, sharpen your interviewing skills, identify and highlight your strengths, while working to identify any areas that need improvement. This is all in an effort to prepare you for your internship.

The internship is more than just completing graduation requirements. It is an opportunity to showcase all that you have learned at William Paterson University and apply it to real life situations. You will also have the opportunity to develop professional relationships within the field of public health, which can be invaluable as you take your first steps into the public health industry. But one of the more meaningful aspects of the internship experience is that you will be part of a team of people that is working to improve the lives of the community they serve.

I look forward to working with each one you.

Sincerely,

Sylvia C. Jackman, MPH

Internship Site Coordinator

Department of Public Health

INTERNSHIP PROGRAM OVERVIEW

The internship program for students majoring in the Department of Public Health is a supervised experience designed to provide the opportunity for students to apply their academic preparation in a professional work setting.

The internship experience is a requirement for all Bachelor of Science (B.S.) degree candidates in the Department of Public Health. The internship is the culmination of the major course of study and is completed after all other major courses and major co-required courses are taken and passed with the minimum required grade in each course.

Interns work for a predetermined number of hours under the supervision of a trained health professional, the Internship Site Supervisor. The objectives of the internship program and the sites at which students complete their internship are consistent with the roles and responsibilities of entry level public health professionals.

Introduction to Internship Course

In the semester prior to completing the internship, students are required to take a 1-credit, graded course called *Introduction to Internship*. This course is taught by a public health faculty member and covers content that encourages students to begin thinking about the transition from college to graduate school and/or the professional working environment.

In this course, students will:

- Create a resume, a professional portfolio, and a LinkedIn account.
- Review professional standards and codes of conduct.
- Learn interviewing skills, discuss graduate school options, and review job search strategies.
- Develop awareness of the importance of professional conduct, professional communication, skill enhancement, continuing education, and networking.

Concurrent to this course, students will:

Explore potential internship sites, interview, and select an internship site for the internship.

Specific information about the internship site selection process is presented in greater detail later in this manual.

Internship Course

The *Internship* course is taken immediately following the *Introduction to Internship* course. This is a graded course that is taught by a faculty member. In addition to completing a pre-determined number of hours at the internship site, each intern is also responsible for the completion of a major project, called the capstone project.

In order for a student to register for the *Internship* course and begin the internship, all of the following criteria must have been met:

• Students must successfully complete the Introduction to Internship course, select an internship site,

and file all required paperwork by the deadlines announced in class.

- Students must complete all major courses and major co-requirements with a grade of C- or better.
- Students must have a 2.5 cumulative grade point average in their major.

The following table includes the number of course credits, the total internship hours that are required of interns in each of the majors and major tracks, and the semester/s in which the internship course is offered.

B.S. in Applied Health	B.S. in Public Health		
b.s. III Applied Health	General track	Health Education track	
3 credits	6 credits	12 credits	
120 total hours	240 total hours	480 total hours	
Spring or Summer Semester	Spring Semester Only	Spring Semester <u>Only</u>	

Summer Internships are **NOT** available for Public Health – General or Public Health – Health Education majors.

In addition to completing a set number of supervised hours at the internship site, all students are required to attend **mandatory** class sessions during the semester. Attendance at these classes counts toward the total number of required internship hours, as follows:

B.S. in Applied Health	B.S. in Public Health		
B.S. III Applied Health	General track	Health Education track	
3 two-hour class sessions	4 two-hour class sessions	5 two-hour class sessions	
6 class session hours	8 class session hours	10 class session hours	
+	+	+	
114 supervised hours at	232 supervised hours at	470 supervised hours at	
the internship site	the internship site	the internship site	
= 120 total hours	= 240 total hours	= 480 total hours	

Class sessions are mandatory and it is the responsibility of the intern to communicate the meeting times to their Internship Site Supervisor at the beginning of the semester. The final class session will be held in the University Ballrooms at which time interns will present a poster with a summary of their capstone project.

All course requirements related to the mandatory class meetings and the academic portion of the internship are outlined in the course syllabus. Interns will receive the syllabus from the faculty at the first class meeting in January for spring internships and in May for summer Applied Health internships. Interns will also receive the instructions for the capstone project and poster at this time.

INTERNSHIP OBJECTIVES & STUDENT LEARNING OUTCOMES

The objectives of the WPUNJ Department of Public Health Internship Program are to:

- A. Review the process of conducting a community-based needs assessment
- B. Explore methodologies for engaging communities in the identification of priority health problems
- C. Examine community risk and protective factors
- **D.** Expose students to the role and responsibilities of an entry level public health practitioner/educator in a public health agency
- **E.** Examine the ways in which theoretical concepts are applied to the realities of the field of public health/health education
- F. Explore strategies for communicating with, and working with, public health/health education professionals
- G. Provide the opportunity for self-reflection regarding career goals and lifelong learning

In addition to the above, an additional objective of the Internship in Public Health Education is to:

H. Provide the opportunity to improve public speaking and audience management skills

Upon completion of this course and the internship field placement, the student will be able to:

- **A.** Identify a public health practice problem/issue which could benefit from the application of public health principles and science
- **B.** Conduct a needs assessment for a public health related issue
- C. Utilize valid sources of health information to assist in the assessment of community needs
- **D.** Summarize the results of the community needs assessment in poster format
- E. Explain the mission of the agency and its role in the US health care system
- **F.** Describe how content knowledge and skills acquired during academic coursework apply to public health practice
- **G.** Describe the relationship between assigned projects and public health values, concepts, and anticipated health outcomes
- **H.** Document progress toward the completion of assigned tasks, projects, activities, and professional responsibilities
- I. Identify areas for future personal and professional growth
- J. Demonstrate confidence in personal judgment and gain maturity, and self-confidence

In addition, students enrolled in the Health Education track will be able to:

- K. Plan a health education intervention based on identified community needs
- L. Develop a health education intervention implementation plan
- M. Develop a health education intervention evaluation plan
- N. Summarize the results of the planned health education program/intervention in poster format
- O. Assess competency in the seven major areas of responsibility for entry-level health educators

ROLES AND RESPONSIBILITIES

The Internship Site Coordinator (ISC) is responsible for:

- 1. Preparing an internship file for each student that contains all documents related to the internship experience and placing photocopies of all of these materials in the student's permanent departmental advisement file.
- 2. Assisting the student in selecting an appropriate internship site.
- 3. In partnership with the faculty member, orienting students to the logistics of the internship experience prior to the start of the internship.
- 4. Handling all matters concerning internship site contracts.
- 5. Serving as an intermediary in resolving conflicts that may arise between interns and/or the site and/or the Internship Site Supervisor.
- 6. Scheduling and conducting site visits with the Internship Site Supervisor and the intern during the semester and whenever deemed necessary.
- 7. Communicating regularly with the intern, utilizing various methods during the semester.
- 8. Providing the Internship Site Supervisor with all necessary forms and grading paperwork.
- 9. Collecting all forms and grading paperwork from the Internship Site Supervisor and submitting them to the appropriate faculty member.

The Internship Site Supervisor (ISS) is responsible for:

- 1. Orienting interns to the organization (i.e., functions, organizational chart, codes of conduct, layout of physical plant, etc.).
- 2. Providing meaningful and relevant work experiences and learning opportunities related to the professional and intellectual development of the intern.
- 3. Providing suitable work space, including a desk and access to a computer.
- 4. Reviewing, and if necessary revising, with the intern appropriate learning objectives for the semester.
- 5. Meeting at least once weekly with the intern to assess progress and troubleshoot problems.
- 6. Communicating problems with the intern to the Internship Site Coordinator immediately.
- 7. Meeting with the Internship Site Coordinator and intern during the semester at scheduled site visits and as necessary.
- 8. Guiding the development and refinement of the skills necessary to enable the intern to meet their internship objectives.
- 9. Providing guidance, supervision, and support to the intern throughout the internship experience.
- 10. Completing the mid-internship evaluation and final evaluation reports.
- 11. Assigning a final numerical grade.
- 12. Keeping track, on a weekly basis, of the intern's hours.

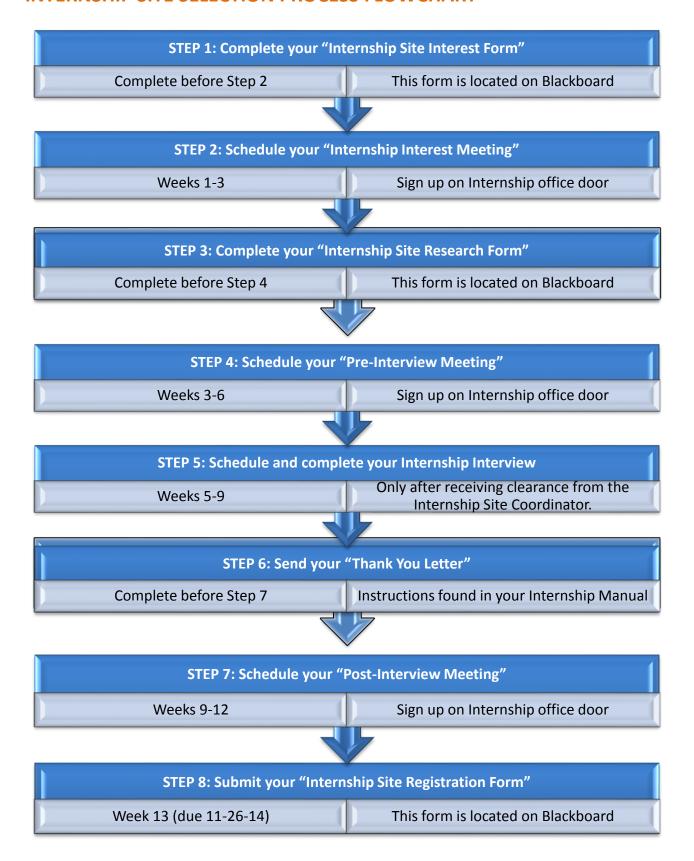
The **student intern** is responsible for:

- 1. Reading thoroughly the Internship Manual and course syllabus, complying with all instructions and policies within both, and asking questions to facilitate understanding of the information presented in these two documents.
- 2. Working with the Internship Site Coordinator to select an appropriate site placement before the stated deadline.
- 3. Developing, in consultation with the Internship Site Supervisor, learning objectives for the internship.
- 4. Completing the required number of total internship hours before the stated deadline.
- 5. Adhering to the rules and regulations of the internship site.
- 6. Attending all of the scheduled mandatory class sessions at William Paterson University and completing all required assignments as indicated in the course syllabus.
- 7. Maintaining daily activity logs and submitting timesheets for periodic review by the stated deadlines.
- 8. Submitting a typed subjective assessment of the internship placement.
- 9. Reporting any internship-related problem to the Internship Site Coordinator.
- 10. Communicating with the Internship Site Coordinator via email when needed.

The **faculty member** is responsible for:

- 1. In partnership with the Internship Site Coordinator, orienting students to the logistics of the internship experience prior to the start of the internship.
- 2. Preparing and explaining the course syllabus.
- 3. Providing instruction for the completion of academic assignments and the capstone project.
- 4. Conducting on campus class sessions.
- 5. Grading all assigned academic work.
- 6. Computing the final course grade incorporating the Internship Site Supervisor's evaluation.

INTERNSHIP SITE SELECTION PROCESS FLOWCHART



INTERNSHIP SITE SELECTION PROCESS

The following process, which is discussed in detail during the *Introduction to Internship* course and outlined on the flow chart on the preceding page, will be used to guide students in the selection of an internship site placement. Students must follow this process carefully to avoid delay in internship placement and graduation.

To select an internship site, students must follow these eight steps in order:
STEP 1: Complete your "Internship Site Interest Form" (refer to the table of contents for the location of this form) You must complete, in detail, the Internship Site Interest Form which is posted on Blackboard and found in this Internship Manual. This form will help you to start thinking about the type of internship and the work that you would like to experience during your internship. The form will serve as the basis of your first individual meeting with the Internship Site Coordinator. It must be completed in full before proceeding to Step 2.
Step 1 completed on:
Upon completion of the Internship Site Interest Form, you must schedule an appointment with the Internship Site Coordinator by signing up for a meeting time on the internship office door. At this meeting, you will meet with the Internship Site Coordinator to review your Internship Site Interest Form and begin a discussion about your individualized site selection process. At the conclusion of this meeting, the Internship Site Coordinator will offer suggestions for potential internship sites based on your interests.
Step 2 completed on:
STEP 3: Complete your "Internship Site Research Form" (refer to the table of contents for the location of this form) After your Internship Interest Meeting, you must research the internship sites discussed during that meeting and complete the Internship Site Research Form which is posted on Blackboard and found in this Internship Manual. If you are interested in a site that is not among those listed, you should research the site and add it to the list of researched sites for further discussion with the Internship Site Coordinator. This form must be completed in full before proceeding to Step 4.
Step 3 completed on:
STEP 4: Schedule your "Pre-Interview Meeting" Upon completion of the Internship Site Research Form, you must schedule a second appointment with the Internship Site Coordinator by signing up for a meeting time on the internship office door. At this meeting, you will discuss what you learned about each site during your research. If the Internship Site Coordinator is

satisfied with your progress, you will be given permission to contact the potential internship site for an interview. At no time should you contact an internship site without permission from the Internship Site

Step 4 completed on:
Once you have been given permission, using the instruction provided in class and given by the Internship Site Coordinator, schedule your internship interview. The Internship Site Coordinator will provide the name of the supervisor at the site of interest and his/her relevant contact information. Contact the internship site using the Tip Sheet for Scheduling an Internship Interview found in the Resources section of the Internship Manual. Keep in mind that the supervisor is a busy person and may not return a call or an email for a few days and may not schedule an appointment for a few weeks. While at your interview, make sure to complete the Internship Interview Checklist." This form is posted on Blackboard and found in this Internship Manual. Step 5 completed on:
Step 5 completed on:
STEP 6: Send your "Thank You Letter" After meeting with the potential site supervisor, you must write a thank you letter to the site supervisor. You must write a thank you letter to each person with whom you interviewed, even if the site was not selected for an internship placement. A tip sheet for writing thank you letters and a sample thank you letter is found in the Resources section of the Internship Manual.
Step 6 completed on:
STEP 7: Schedule your "Post-Interview Meeting" After sending your thank you letter, you must schedule a final appointment with the Internship Site Coordinator by signing up for a meeting time on the internship office door. At this meeting you will discuss the outcome of the interview and determine if the site is an appropriate fit. If necessary, the Internship Site Coordinator will contact the site to ascertain if they will offer you a placement at the site. Keep in mind that the site does not need to agree to provide an internship. If you are not offered a placement at the site where you interviewed you will work with the Internship Site Coordinator to identify an alternate site.
Step 7 completed on:
STEP 8: Submit your "Internship Site Registration Form" (refer to the table of contents for the location of this form) If the site is an appropriate fit for you and the site offers you an internship placement, then you must complete the Internship Site Registration Form and submit to Internship Site Coordinator. This form is posted on Blackboard and found in this Internship Manual. The Internship Site Registration Form serves as official confirmation of which site was selected for the completion of the internship requirement. This form must be signed and dated by you. You will not be eligible to register for the spring Internship course until this form is

Coordinator. In the event that you are not given permission to schedule an internship site interview, the

Internship Site Coordinator will provide you with further instruction at this meeting.

Step 8 completed on: _____ **Notes for Internship Site Coordinator Meetings:**

submitted. After the placement is confirmed, it is your responsibility to set up a meeting with the Internship

Site Supervisor to discuss the reporting date and determine the work hours for the internship.

INTERNSHIP POLICY AND PROCEDURES

Cell Phone Usage

Interns should never use their personal cell phone to conduct business-related work for their internship site. Interns may use their personal cell phone to communicate with their internship site supervisor. Interns should refrain from conducting personal business (phone calls, text messaging, Facebook or Twitter updates, etc...) during internship hours. Interns must abide by all related professional codes of conduct required of agency employees.

Communication

If problems arise during the internship placement, it is the intern's responsibility to notify the Internship Site Coordinator. The Internship Site Coordinator can be reached by phone at 973-720-2607 or by email at jackmans1@wpunj.edu. If it is an emergency, the Internship Site Coordinator can be reached by contacting the Department of Public Health Administrative Assistant between the hours of 8 am and 4 pm M-F at (973) 720-2394.

Criminal Background Check Requirements

In some cases the internship site will require criminal background checks. Students are expected to comply with the criminal background check requirements at each internship site to which students are assigned. Students will bear all expense associated with meeting these requirements not covered by the internship site.

Data Collection Policy

Interns who are asked by their internship site to collect data must adhere to the following guidelines. Acceptable forms of data collection that DO NOT need University Institutional Review Board (IRB) approval include:

- Internship site data collection activities that are related to the evaluation of the effectiveness or outcomes of activities or programs implemented by the internship site.
- Secondary data collection for the purpose of assessing community needs or designing interventions.
- Primary data collection assigned as coursework to satisfy the requirements of the PBHL 4961, PBHL
 4962 or PBHL 4963 internship capstone project.

Any form of original research (any form of data collection that attempts to generalize findings to a larger population) is NOT permitted during the internship.

Drug Screening Requirements

In some cases, the internship site will require routine drug screenings. Students are expected to comply with the drug screening requirements at each internship site to which students are assigned. Students will bear all expense associated with meeting these requirements not covered by the internship site.

If the University is notified of a positive drug screening result, the student will discontinue participation in the internship program. The student will only be reinstated under the following conditions:

- 1. The student will be referred to the WPUNJ Counseling, Health and Wellness Center for an assessment.
- 2. The student will have the lab release the quantitative lab results of the failed drug test to the WPUNJ Counseling, Health and Wellness Center.
- 3. The student will sign a release allowing the WPUNJ Counseling, Health and Wellness Center to release a summary assessment and set of recommendations to the Chairperson of the Department of Public Health.
- 4. Based on that assessment and resultant recommendations, if appropriate, the student will be eligible for reinstatement into the internship program.
- 5. The internship site is willing to readmit the student.

If the original internship site to which the student was assigned is no longer willing to host the intern and there remains sufficient time in the semester to complete the internship successfully, an alternate internship site may be identified by the Internship Site Coordinator.

Once the student is reinstated into the internship program, in order to successfully progress through the internship, the student must sign a written agreement that the student must adhere to the recommendations of the WPUNJ Counseling, Health and Wellness Center, which could include periodic random drug testing, ongoing assessment, psychotherapy, etc... Any uncovered financial expense resulting from a failed drug test is the responsibility of the student.

Failure to comply with any recommendations and/or a subsequent failed drug test will result in cessation of the internship and failure of the corresponding internship course.

Email

The William Paterson University email account is the official form of email communication between the intern and the University. This is the only email address that will be used for communication between the Internship Site Coordinator, the faculty and the intern. All Internship Site Supervisors will be informed of this.

Evaluation of Intern's Performance

Interns will be evaluated on their ability to meet the internship program objectives outlined earlier in this manual. Each intern will receive a mid-internship and final internship evaluation. These evaluations will be completed by the Internship Site Supervisor.

Interns who are in jeopardy of failing their internship experience at mid-internship must develop a remedial plan of action with their Internship Site Supervisors and include it with the mid-internship evaluation. This plan will be reviewed for completeness and practicality and will then be approved or rejected by the Internship Site Coordinator. Ideally, any problems which could put interns in jeopardy would have been previously discussed with the Internship Site Coordinator prior to the failing mid-internship evaluation.

Hours

The internship is a semester long experience. As stated previously, interns are required to complete a predetermined number of internship hours. Based on a 15-week experience, interns should expect to spend the following hours at their internship site per week:

B.S. in Applied Health		B.S. in Public Health	
Spring Internship	Summer Internship	General track	Health Education track
(15-weeks Spring Semester)	(12-week Summer Session)	(Spring Semester only)	(Spring Semester only)
~8 hours per week	~10 hours per week	~16 hours per week	~32 hours per week
120 total hours	120 total hours	240 total hours	480 total hours

The total number of hours per week in the preceding table is approximate. Interns are responsible for creating an internship work schedule with their Internship Site Supervisor to ensure that the total number of internship hours is completed by the final day of the internship. The time at the site must be scheduled to meet the needs of the site and enable the intern to complete the required number of hours within the given timeframe.

At the time of internship site selection, it is imperative that the intern speak with the Internship Site Supervisor about any time-related parameters at the site that may impact the ability of the intern to complete the required number of hours, such as scheduled site closings, office renovations, staff retreats, staff vacations, etc.

Internship hours include all relevant work performed at the internship site (i.e., reading/research, training sessions, presentations) as well as any assignments that require work in another approved location (i.e., library research, conferences, meetings, telephone work, and meetings at WPUNJ.) Breaks and lunch are not to be included in the internship hours.

Interns are required to make up lost time due to personal illness and all other absences (i.e., car and personal problems). Excessive loss of internship hours due to illness or other extenuating circumstances should be brought to the attention of the Internship Site Coordinator as soon as possible.

Interns are responsible for noting all hours worked on a timesheet and ensuring that their supervisors check this on a weekly basis (see Timesheets).

Immunization Requirements

In some cases the internship site will require proof of immunization and/or additional immunizations. Students are expected to comply with the immunization requirements at each internship site to which students are assigned. Students will bear all expense associated with meeting these requirements not covered by the internship site.

Inclement Weather

Interns must adhere to the work schedule of their internship site, not that of William Paterson University. In the event of inclement weather, students should always use their best judgment when deciding to travel to the University or to an Internship Site.

General guidelines for the completion of internship hours during inclement weather are as follows:

In the event that the University is closed and the internship site is also closed due to inclement weather, the student should not report to their internship site and will not earn any internship hours for that day. The intern should work with their Internship Site Supervisor to develop a plan to make-up any internship hours missed as a result of inclement weather.

In the event that the University is closed due to inclement weather but the internship site is open, the student should report to their internship site if they feel that it is safe to travel. If the student chooses not to report to their internship site on that day, they must inform their Internship Site Supervisor and they will not earn any internship hours for that day. The intern should work with their Internship Site Supervisor to develop a plan to make-up any internship hours missed as a result of inclement weather.

In the event that the University is open but the internship site is closed due to inclement weather, the student should not report to their internship site and will not earn any internship hours for that day. The intern should work with their Internship Site Supervisor to develop a plan to make-up any internship hours missed as a result of inclement weather.

Intern's Evaluation of the Internship Site

All interns are required to complete an evaluation of the internship site after completion of the required supervised hours, but before the deadline listed in the course syllabus. The evaluation will account for a portion of the final grade for the *Internship* course. The evaluation of the site provides feedback about the intern's subjective experience at the internship site.

Internship Logs

All students are required to keep weekly logs highlighting all the relevant activities that occur during the week. In particular, interns should describe activities and experiences that improve their skills and competencies related to their individual projects and objectives. This log will be reviewed at the mandatory site visit/s.

The log should be used to describe intern's subjective feelings associated with particular events, duties, or interactions. A recording of people met, meetings attended, etc. will assist with the development of a professional network. It is important to record activities and skills so that an improved resume can be developed at the conclusion of the internship.

A separate timesheet must be kept and regularly submitted to the Internship Site Coordinator that includes a running total of hours completed toward the required number of internship hours (see Timesheet section in this manual).

Internship Site Orientation

In some cases, the internship site will require student interns to attend a mandatory orientation program. Interns are expected to comply with the orientation requirements at each internship site to which students are assigned. Students will bear all expense associated with meeting these requirements not covered by the internship site.

If the orientation occurs before the student has begun the internship (i.e. before the first scheduled oncampus course meeting), the student may not count those orientation hours toward the completion of the total number of hours required for the internship.

If the orientation occurs after the intern has begun the internship (i.e. after the first scheduled on-campus course meeting), the intern may count those orientation hours toward the completion of the total number of hours required for the internship.

Outside Employment

Outside employment during the internship can prove to be challenging, especially for interns who need to satisfy the 240-hour and 480-hour requirements. Interns should keep in mind that evening and weekend hours are most likely not available at the internship site. Internship sites shall not be expected to accommodate requests to schedule internship hours around outside employment activities. Interns need to remember that completing the required number of internship hours must take precedence over outside employment.

Parking

Parking at the internship site is the responsibility of the intern. Interns should speak with the Internship Site Supervisor to discuss parking arrangements and any related costs prior to accepting the internship.

Professional Conduct

Interns are responsible for meeting all of the internship site's professional expectations. These may include, but are not limited to:

- dress and grooming
- testing for substance use and abuse and/or criminal background checks
- updating immunizations
- timeliness
- confidentiality
- professional demeanor
- professional communication, both verbal and in written communication

Any violation of the internship site's code of conduct may result in the intern's removal from the internship site, resulting in failure of the *Internship* course. Interns are reminded that they will need favorable references from the Internship Site Supervisor and the Internship Site Coordinator when seeking future employment.

Site Visits

A site visit is an official visit by the Internship Site Coordinator to the internship location or another agreed upon location. The Internship Site Coordinator will schedule 1-2 scheduled site visits with each intern and their Internship Site Supervisor during the internship experience. The number of site visits is based on the degree program in which the intern is enrolled.

D.C. in Applical Health	B.S. in Public Health		
B.S. in Applied Health	General track	Health Education track	
1 site visit	1 site visit	2 site visits	

The first site visit will occur within the first half of the semester. At that time, the Internship Site Coordinator will meet with the intern and the Internship Site Supervisor to discuss the intern's learning objectives for the semester, logistics, and any other issues that are appropriate.

Each site visit will last between 45-60 minutes and will occur in two parts.

- 1. The student intern: The student intern will have the opportunity to discuss in detail the work, project, and programs that they have been working on and discuss their specific contributions to these projects and how their contributions can/will impact the work/project/program overall. The Internship Site Coordinator will ask additional questions of the student to gather more information related to courses, skill set, and program improvements.
- 2. The site supervisor: The site supervisor will have the opportunity to discuss his/her experience as a site supervisor and their experience with the student intern. The site supervisor will discuss the student's strengths, weaknesses and areas of improvement, as well as areas were the student excels. The expectations of the site supervisor will be discussed along with any suggested improvements.

For Public Health - Health Education track interns, a second site visit will be held during the final six weeks of the semester and may occur either at the internship site or at a related location (i.e., a place where a program is being delivered). This will provide an opportunity to review and observe progress toward meeting the intern's objectives.

Site visits will be scheduled by the Internship Site Coordinator at a time that is convenient for the intern, Internship Site Supervisor, and the Internship Site Coordinator, as all three must be present. The site visit is a requirement of the Internship Program and must be completed before the end of the internship season.

If any problems arise during the internship placement that must be dealt with outside of a scheduled site visit, it is the intern's responsibility to make sure the Internship Site Coordinator is notified. If it is an emergency, the Internship Site Coordinator can be reached by contacting the Department of Public Health's Administrative Assistant at (973) 720-2394.

Spring Break and Holidays

Interns must adhere to the work schedule of their internship site, not that of William Paterson University. If an internship site is scheduled to be open, and the University is closed, the intern must report to work at their internship site.

Interns may be allowed to take the University scheduled spring break as long as it is approved by the Internship Site Supervisor. Hours lost due to this break must be made up in the remaining time available. Interns will not be allowed to extend the internship to accommodate this absence.

If the internship site observes a holiday (i.e., Martin Luther King Day, Good Friday, etc.), the intern must adhere to the holidays that are observed by the internship site. Interns should be aware that holiday policies differ from one internship site to another.

Supervision

Interns will work under the supervision of a trained health professional, the Internship Site Supervisor. Internship Site Supervisors must meet with their interns on a weekly basis to discuss progress towards their stated learning objectives as well as to troubleshoot potential problems. Interns are responsible for notifying the Internship Site Coordinator if these meetings are not held.

Timesheets

All interns are required to keep a timesheet that records a running total of hours completed toward the required internship hours. This sheet must be signed by the Internship Site Supervisor before submission to the Internship Site Coordinator.

Interns are required to complete and submit signed timesheets to the Internship Site Coordinator every two weeks by 4:00 pm on the due date. Timesheet due dates are listed on the final page of this manual. The timesheets can be emailed, faxed, or delivered in-person to the Internship Site Coordinator.

Late timesheets submitted between 4:01 pm and 11:59 pm on the due date will result in the loss of 50% of the hours documented on that timesheet. These lost hours will not be counted toward the total required internship hours completed.

Late timesheets submitted after 11:59 pm on the due date will not be accepted and will result in the loss of 100% of the hours documented on the timesheet. These lost hours will not be counted toward the total required internship hours completed.

Lost hours resulting from the failure of the intern to submit a timesheet on time must be repeated at the internship site. In the event that an intern needs to repeat hours, a plan to repeat lost hours must be developed with the Internship Site Supervisor. This plan must be sent to the Internship Site Coordinator prior to the submission of the next timesheet. Failure to do so may jeopardize the intern's ability to successfully complete the internship.

Transportation

Transportation to and from the internship site is the intern's responsibility. Interns who will be using public transportation to travel to the internship site must notify both the Internship Site Coordinator and the Internship Site Supervisor before accepting an internship placement.

Some internship sites require interns to find their own transportation (i.e. drive their own cars) to meetings, events, programs, etc., off site. Interns should keep in mind that they are required to provide their own transportation. Interns will not be reimbursed for the resultant travel costs. It is the intern's responsibility to learn the transportation policy and demands of the internship site.

Some internship sites allow interns to drive vehicles that belong to the internship site when off-site travel is required. In the case of any motor vehicle accident during the internship, the Internship Site Coordinator must be immediately notified.

Travel Time

Travel time will be counted toward the total number of required internship hours when:

- The intern is required to travel to another internship work site location after reporting to the original internship site, or
- The intern is required to return back to the original internship site from the second internship work site location.

Travel time will not be counted toward the total number of required internship hours when:

- The intern is traveling to an alternate site for the day's activities (i.e., having to be somewhere for a 9:00 a.m. meeting), or
- The intern is traveling from home to WPU for the internship class session, or
- The intern is traveling from the internship site to WPU for the internship class session.

Work at Site beyond Required Hours

The University assumes no responsibility if a student decides to continue to volunteer or work at their internship site after the required hours are completed. Any such arrangements must be made directly between with student and the internship site without involvement of the University or the internship program.

Description of Internship Placements

The Department of Public Health actively seeks out and nurtures partnerships with a wide array of public health agencies, organizations, and businesses with an interest in hosting student interns. A listing of past internships sites and sites with whom there is a current relationship will be reviewed in the *Introduction to Internship* course.

Potential internships sites generally fall into one of the following categories.

Assisted Living & Senior Living Facilities:

These types of facilities are responsible for the provision of services to the aged. Services provided by these agencies range from delivering Meals on Wheels to recreation therapy and facility management. Some settings address the needs of older adults who are independent and active. Others may focus on the needs of older adults who are less ambulatory or whose functioning is in some way impaired. Some facilities have a specialized focus such as care for patients with dementia, mobility issues, or other specific health problems.

Corporate/Business Placements

Corporate and business placements offer interns the ability to work in settings vastly different from public and non-profit sites. These sites may offer the following services: health education, employee wellness, medical communication, research, project management, and program implementation opportunities in the corporate setting.

Hospital / Health Care Center Placements

Hospitals offer a variety of services requiring public health, health education and administrative/managerial skills. Many offer programs in patient and community education. In addition, hospitals participate in research, marketing, and public relations activities. Hospital internships will vary according to the size of the facility, location, supervisor, and the prior experience of the intern. Many hospitals have satellite clinics, mobile units and contracts with local health departments that provide direct services to clients.

Municipal and County Health Departments

Municipal and county health departments offer a variety of entry-level opportunities for interns. The scope and nature of the activities performed and the work environment is influenced by the location of the department.

County health departments focus on environmental safety, sanitation, health education, bioterrorism planning and preparedness, risk communication and community needs assessment. Oftentimes, coalitions are formed at the local and municipal levels to address the needs of their communities.

Non-Profit Agencies

Not-for-profit agencies range from small, local organizations funded by communities or grants to large national agencies receiving support from parent organizations and large-scale fundraising campaigns. Most of these agencies have a single focus (ie., the American Heart Association), and provide a variety of services ranging from community health education to medical care. Other agencies are multi-purpose and provide a variety of different programs, including health advocacy, program management, direct services, and community awareness campaigns.

University/College Placements

Universities often offer health promotion and disease prevention programs to their students and employees, and therefore can be an excellent internship setting. Some universities also provide services to local communities, either in collaboration with established community partnerships or through philanthropic or grant-related work. Universities also offer opportunities for experience in public health research.

For more information...

Additional detailed information about potential internship placement can be obtained from the Internship Site Coordinator.

At no time should a student take it upon themselves to contact a potential internship site. All University contacts with potential internships sites must be made by the Internship Site Coordinator.

And of course, you may always contact the chairperson or any other faculty member should you have questions or concerns.

Internship Forms





Internship Site Interest Form

This form must be completed before scheduling an individual appointment with the Internship Site Coordinator to discuss the internship site placement.

Name:			
Major:]
Applied Health Public	Health – <i>General</i>	Public Health – H	ealth Education
In the space below, please indicate your area	s of interest.		
Public Health	Areas of Interest		
	Very	Somewhat	Not
	Interested	Interested	Interested
Behavioral Health/Health Education			
Environmental Health			
Epidemiology			
Health Services Management			
Marketing/PR/Health Communication			
Maternal/ Child Health			
Occupational/Workplace Health			
Public Health Nutrition			
Research			
Sales			
Substance Abuse			
Below, please comment on the areas that sp	ecifically interest	you the most – p	orovide at
least two examples:			



Internship Site Research Form

This form must be completed before scheduling an individual appointment with the Internship Site Coordinator to discuss the internship site placement.

	re Name:		
1.	Have you reviewed the website of this agency?	☐ Yes	□ No
2.	Do you understand the type of work that this agency does?	☐ Yes	□ No
3.	How would you get to this site if offered placement?	□Personal Car	☐ Public Transportation
4.	How many miles is this site from your place of resident internship season?	ce during the	miles
5.	Below, describe why you would be interested in comp	leting an internshi	p at this site:
Sit	te Name:		
1.	Have you reviewed the website of this agency?	☐ Yes	□No
1. 2.	· · · · · · · · · · · · · · · · · · ·	□ Yes	□ No
2.	Do you understand the type of work that this agency		
 3. 	Do you understand the type of work that this agency does? How would you get to this site if offered placement? How many miles is this site from your place of resident	☐ Yes ☐Personal Car	□ No
3.4.	Do you understand the type of work that this agency does? How would you get to this site if offered placement?	☐ Yes ☐Personal Car Ice during the	□ No □ Public Transportation miles
3.4.	Do you understand the type of work that this agency does? How would you get to this site if offered placement? How many miles is this site from your place of resident internship season?	☐ Yes ☐Personal Car Ice during the	□ No □ Public Transportation miles
3.4.	Do you understand the type of work that this agency does? How would you get to this site if offered placement? How many miles is this site from your place of resident internship season?	☐ Yes ☐Personal Car Ice during the	□ No □ Public Transportation miles
3.4.	Do you understand the type of work that this agency does? How would you get to this site if offered placement? How many miles is this site from your place of resident internship season?	☐ Yes ☐Personal Car Ice during the	□ No □ Public Transportation miles



Internship Interview Checklist

This checklist is designed to help students understand the site requirements. Please ask the interviewer the following questions at the end of your interview.

Questions about general internship site requirements:

	How much traveling will be required during the internship? (ie. To off-site meetings or programs)	□Frequently	Occasionally	Rarely
1.		Daily or several times per week	Once weekly or biweekly	Once monthly or never
2.	If travel is required, is there a reimbursement program for miles driven?	□Yes		□No
3.	Is parking available at the site?	□Yes		□No
4.	Is parking free or is there a fee to park?	□Free	□Fee	e \$/day
5.	Do you require proof of immunization?	□Yes		□No
	If yes, which immunizations?			
6.	Do you require interns to submit to a drug screening?	□Yes		□No
	If yes, is there a cost?	□Yes \$		□No
7.	Do you require interns to submit to criminal background checks?	□Yes		□No
	If yes, is there a cost?	□Yes \$		□No
8.	How soon do you think you will be making a decision about placement?			

9. What types of projects could I expect to be working on at your agency?		
List at	t least 3 additional questions to ask at your interview:	
1.		
2.		
3.		
Notes	s about the interview:	



Internship Site Registration Form

This form must be completed and returned by the specified date.

DEPARTMENT OF PUBLIC HEALTH

300 POMPTON ROAD • WAYNE, NEW JERSEY 07470-2103

973.720.2394 FAX 973.720.2215 • WWW.WPUNJ.EDU

Student Information:		
Name:		
Address:		
Phone:		
Email:		
Internship Site Inform		
Name of site:		
A d dua aa.		
Site Supervisor:		
Comments:		
site for my required internship	nship Site Registration form, I, the undersigned, ve lacement. I will adhere to the policies and regulation ernship Program (as outlined in the Internship Man eship site.	ons of the William Paterson University
Print Name Here	 Signature	



² This is the total number of hours from Table 2

INTERNSHIP SITE SUPERVISOR SIGNATURE:

Intern:

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Spring Internship Timesheet

To be submitted every 2 weeks − ✓ timesheet period in table below ☐ Period 5 □ *Period 1* 1/19/16-1/29/16 3/14/16-3/25/16 ☐ Period 2 2/1/16-2/12/16 ☐ Period 6 3/28/16-4/8/16 4/11/16-4/22/16 ☐ Period 3 2/15/16-2/26/16 ☐ Period 7 ☐ Period 4 2/29/16-3/11/16 ☐ Period 8 4/25/16-5/6/16

Internship Site Supervisor:

oelow. Aft	er filling out	the informa	tion for each		te the total	number of h	ours you wo	rked for this t	the information time period, minus tl
Day	ay Date Time Time Out		Lunch & Break	(do not include the # of				of Activity	
Monday				minutes	5				
Tuesday				minutes	5				
Wednesday				minutes	5				
hursday				minutes	5				
riday				minutes	5				
Saturday				minutes	5				
Sunday				minutes	5				
Monday				minutes	5				
uesday				minutes	5				
Wednesday				minutes	5				
hursday				minutes	5				
riday				minutes	5				
aturday				minutes	5				
Gunday				minutes	5				
TOTAL N	UMBER OF I	HOURS EARN	NED THIS TIN	/IE PERIOD →					
T able 2: Ke	ep track of y	our total nu	mber of inte	rnship hours	for each tir	ne period.			ber of Hours Earned er the hours from all
Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8	_	nd indicate the total below.
hours	hours	hours	hours	hours	hours	hours	hours		TOTAL HOURS
able 3: Ca	lculate the t	otal number	of hours tha	at you have re	emaining.				
lumber of	Hours Requ	iired ¹	Number of	Hours Earne		Total Numbe	r of Hours R	emaining	
	hours re	quired		hours earr	ned =		hou	rs remaining	

DATE:



² This is the total number of hours from Table 2

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Summer Internship Timesheet

To be sub	To be submitted every 2 weeks − ✓ timesheet period in table below										
☐ Period 1	5/23/16-6/3/16	☐ Period 5	7/18/16-7/29/16								
☐ Period 2	6/6/16-6/17/16	☐ Period 6	8/1/16-8/8/16								
☐ Period 3	6/20/16-7/1/16										
☐ Period 4	7/4/16-7/15/16										

below. Aft	mplete the i er filling out	the informa	tion for each		te the tot	tal nur	mber of h	ours you wo	rked for this	t the information time period, minus the
Day	Date	Time In	Time Out	Lunch & Break	(do not		ours e the # of ch/break)		Summary	of Activity
Monday				minute:	s					
Tuesday				minute:	s					
Wednesday				minute:	s					
Thursday				minute:	s					
Friday				minute:	s					
Saturday				minute:	s					
Sunday				minute:	s					
Monday				minute	s					
Tuesday				minute:	s					
Wednesday				minute:	s					
Thursday				minute	s					
Friday				minute	s					
Saturday				minute	s					
Sunday				minute	s					
TOTAL N	JMBER OF H	IOURS EARI	NED THIS TIN	/IE PERIOD →	•					
Table 2: Ke	ep track of y	our total nu	mber of inte	rnship hours	for each	time į	period.			ber of Hours Earned
Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	6 P	Period 7	Period 8		er the hours from all nd indicate the total below.
hours	hours	hours	hours	hours	houi	rs	hours	hours		TOTAL HOURS
Table 3: Ca	lculate the to	otal number	of hours tha	at you have r	emaining					
Number of	Hours Requ		Number of	Hours Earne		Tota	al Numbe	r of Hours R	emaining	
	hours red			hours ear					rs remaining	
	blic Health-G	General maj	ors are requi	red to comple			-	-	•	14 internship hours at n-Education majors

Intern: _____ Internship Site Supervisor: _____

INTERNSHIP SITE SUPERVISOR SIGNATURE:______ DATE:_____



Mid-Internship Evaluation Form

To be completed by Internship Site Supervisor

Date:

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Intern Name: _____

Instructions: This form is to be filled out by the Internship Site Supervisor. Feedback from the Internship Site Supervisor is critical in order to evaluate the degree to which the student intern meets basic performance expectations and to ensure that the internship experience meets WPUNJ's educational objectives.

Agency Name:				
Site Supervisor Name:				
Overall evaluation of work habits and interpe	ersonal skills			
Please indicate the extent to which the intern:				
	Always	Most of the time	Sometimes	Rarely
Was punctual				
Was dependable				
Worked independently				
Completed tasks				
Followed instructions				
Accepted constructive criticism				
Cooperated with colleagues				
Was motivated				
Had a positive attitude				
Had a professional appearance				
Contributed at meetings				
Respected authority				
Worked within professional limits				
Functioned as a team member				
Communicated effectively in writing				
Communicated effectively verbally				

Based on your overall observation of the intern's performance at the mid-point of the internship, to what degree	ιoy ot
agree with each of the following statements?	

Strongly Agree	Agree	Neutral/ Unsure	Disagree	Strongly Disagree
		Agree	o, Agree	Agree Disagree

Please share with us any further comments you have about this intern's performance:

Based on your observation to date, what grade would you assign at the mid-point of this experience using the WPUNJ grading system, shown below:

	Grading Scale												
Α	93-100%	B+	87-89%	B-	80-82%	С	70-76%	D	60-66%				
Α-	90-92%	В	83-86%	C+	77-79%	D+	67- 69 %	F	<60%				

Letter Grade______ Numerical Grade ______%

Please provide both a letter grade and a numerical grade.

The numerical grade should be a whole number, not a range.

This Mid-Internship grade is used to gauge the student's performance at the mid-point of the internship. It will not figure into the calculation of the student's final grade. Only the Final Evaluation Form will be used in the calculation of the final grade.

Internship Site Supervisor Signature	Date
Intern Signature	Date

Please return this evaluation by email to jackmans1@wpunj.edu or fax – 972-720-2215



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DEPARTMENT OF PUBLIC HEALTH
300 POMPTON ROAD • WAYNE, NEW JERSEY 07470-2103

Intern Name: _____

Final Internship Evaluation Form

To be completed by Internship Site Supervisor

Date:

Instructions: This form is to be filled out by the Internship Site Supervisor. Feedback from the Internship Site Supervisor is critical in order to evaluate the degree to which the student intern meets basic performance expectations and to ensure that the internship experience meets WPUNJ's educational objectives.

Agency Name:				
Site Supervisor Name:				
Overall evaluation of work habits and interper	sonal skills			
Please indicate the extent to which the intern:				
	Always	Most of the time	Sometimes	Rarely
Was punctual				
Was dependable				
Worked independently				
Completed tasks				
Followed instructions				
Accepted constructive criticism				
Cooperated with colleagues				
Was motivated				
Had a positive attitude				
Had a professional appearance				
Contributed at meetings				
Respected authority				
Worked within professional limits				
Functioned as a team member				
Communicated effectively in writing				
Communicated effectively verbally				

Based on your overall observation of the intern's performance at the mid-point of the internship, to what degree do you agree with each of the following statements?

	Strongly Agree	Agree	Neutral/ Unsure	Disagree	Strongly Disagree
This intern exhibits the degree of professionalism that is expected of my profession.					
I would recommend this intern to a colleague who was looking to fill a vacant position in a field related to the work done by my agency.					
I would consider hiring this intern if there was a vacant position in my agency.					

Please share with us any further comments you have about this intern's performance:

Based on your observation over the entirety of the internship experience, what final grade would you assign to this intern using the WPUNJ grading system, shown below:

	Grading Scale										
Α	93-100%	B+	87-89%	B-	80-82%	С	70-76%	D	60-66%		
Α-	90-92%	В	83-86%	C+	77-79%	D+	67- 69 %	F	<60%		

Final Letter Grade ______ Final Numerical Grade ______%

Please provide both a letter grade and a numerical grade.

The numerical grade should be a whole number, not a range.

The grade indicated on this Final Internship Evaluation Form will be used in the calculation of the final grade.

Internship Site Supervisor Signature	Date
Intern Signature	

Please return this evaluation by email to jackmans1@wpunj.edu or fax – 972-720-2215



Final Student Site Evaluation Form

To be completed by the intern after completion of the required number of internship hours

Instructions: As you reflect on your internship experience, it is critical that the Department of Public Health receives feedback about your experience at your internship site. This final site evaluation will not be shared with individuals at your site, but they may be made available to future WPUNJ students. Please complete all three parts of the following evaluation and submit it to your faculty instructor on or before the due date indicated in your course syllabus.

Part 1: Please type your thorough and honest answers to each of the following questions:

- 1. What is the full name and location of your site?
- 2. What is the mission statement of your site?
- 3. What is the vision statement of your site?
- 4. How did your site support you in your learning? Provide multiple specific examples.
- 5. What were some of the challenges to learning that you faced while at your site? Provide multiple specific examples.
- 6. Please share anything specific about your site that would be helpful for a future intern to know.

Part 2: The faculty and staff of the WPUNJ Department of Public Health want to keep in contact with you and would like to hear about your future work and /or your continued educational pursuits. We are also interested in collecting information about your post-graduate experience in an effort to obtain program accreditation from the Council on Education for Public Health (CEPH). Next year, we would like to send you a survey by email that will help us in collecting data about your post-graduate experiences as well as invitations to Department-sponsored Alumni events.

On the line below, please provide a non-WPUNJ email that you check on a regular basis:			
Non-WPUNJ Email Address:			

Part 3 Instructions: Please check the box that best corresponds to your thoughts.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The physical work environment was conducive to learning.					
I was provided with my own physical area in which to do my work.					
The site provided me with all of the materials I needed in order to do my work.					
In general, my interactions with the staff were positive.					
I received adequate supervision at my site.					
I had a reasonable amount of work to do at my site.					
I felt like a part of the team at my site.					
The work I completed at the site was interesting.					
The work I completed at my site was relevant to my major.					
Overall, the site placement provided me with professional growth.					
Overall, the site placement provided me with opportunities to apply classroom knowledge in the field.					
Overall, the site placement allowed me to meet my internship learning objectives.					
I would recommend this site to a fellow student.					

Thank you for your honest and thoughtful responses. Print this page and staple it behind your answers to the open-ended questions from Part 1.

Resources



TIP SHEET FOR OUTLINING A RESUME

Jennifer Maria Smith

567 Rose Lane ◆ Wayne, NJ 81207 ◆ (960) 555-0112 ◆ someone@example.com

Your name should be clearly displayed at the top of your resume, in a font larger than the rest of your resume, so that it stands out, as illustrated above. Your contact information (mailing address, phone, and email) should also be included at the top of your resume to make it easy for interviewers to find. This information should be repeated at the top of each page.

Objec	tive
	Your one-sentence objective should describe your desired job position and the field that you
	are interested in. It should also demonstrate the relevant value that you bring to the job. This
	sentence should add value to your resume.
Educa	tion
	List your highest level of degree first. For each college/university list the full name of the university and its
	location. List your degree program (do not abbreviate here or anywhere in your resume). List your graduation
	date (for Associates degrees) and anticipated graduation dates for degrees in progress. Do NOT list a non-stellar
	GPA (anything less than a 3.2 should not be listed). Do not include high school. Do not include the coursework
	you have completed. Do list a minor if you have one.
Certif	ications
	If you hold any relevant certifications, list them here with the name of the certification, the name of the certifying
	agency, and the expiration date of the certification. Delete this section if it does not apply.
Emplo	pyment History
	This section can be titled 'Professional Experience', 'Work History', etc This section should list all of the paying
	jobs you have had (if you have had many, you may decide to edit the oldest out). List jobs starting with the most
	recent first. Each job listing should include the following information: name and location of employers, dates
	that you worked there, your job title. For each job, you should include a bullet list of 2-4 of your most relevant
	job duties AND the results that you produced while at the job. Quantify anything that can measured in this
	section. Use action oriented words to describe your job duties (see following pages).
Volun	teer Experience
	This section follows the same rules as the employment history section, except that you should limit your
	descriptive bullets to 1 or two only.
Skills	
	This section should include relevant SKILLS, not PERSONALITY traits. SKILLS are things you can do, like computer
	skills, web design skills, and foreign language skills. PERSONALITY traits are aspects about who you are, like your
	interpersonal communication style or time management ability \Rightarrow these DO NOT belong on a resume.

The areas on your resume should appear in this order, with the objective and education sections first. You may not have all of the above areas, depending on your experiences. You may also have additional areas (such as awards/honors or leadership positions).

TIP SHEET FOR WRITING A RESUME

GENERAL RULES:

- Personal interests/hobbies and your references do not belong on a resume.
- Use at least 10-point font. Use simple fonts (Ariel, Calibri, Times, Calisto). Use black ink. Do not type in all caps, or overuse bolded, underlined, or italicized text.
- Use Microsoft Word resume templates. They are free, easy to use, and make your resume look professional!
- Don't lie or exaggerate anywhere on your resume, especially education and work history.
- Proofread spelling and grammar mistakes are unacceptable.
- Unless you have some extensive related experience, your resume should not be longer than one page. Two-page resumes, if necessary, should be printed front-to-back, and the bottom of the first page should say "continued on reverse."
- Use the following action verbs to describe your experience and accomplishments:

Management skills	Communication skills	Clerical or detailed skills	Creative skills	Teaching skills	Technical skill
administered	addressed	approved	acted	adapted	assembled
analyzed	arbitrated	arranged	conceptualized	advised	built
assigned	arranged	catalogued	created	clarified	calculated
attained	authored	classified	designed	coached	computed
chaired	corresponded	collected	developed	communicated	designed
contracted	developed	compiled	directed	coordinated	devised
consolidated	directed	dispatched	established	developed	engineered
coordinated	drafted	executed	fashioned	enabled	fabricated
delegated	edited	generated	founded	encouraged	maintained
developed	enlisted	implemented	illustrated	evaluated	operated
directed	formulated	inspected	instituted	explained	overhauled
evaluated	influenced	monitored	integrated	facilitated	programmed
executed	interpreted	operated	introduced	guided	remodeled
improved	lectured	organized	invented	informed	repair
increased	mediated	prepared	originated	initiated	solved
organized	moderated	organized	performed	instructed	trained
oversaw	motivated	prepared	planned	persuaded	upgraded
planned	negotiated	processed	revitalized	set goals	
prioritized	persuaded	purchased	shaped	stimulated	
produced	promoted	recorded	'	<u> </u>	<u> </u>
recommended	publicized	retrieved	Research skills	Helping skills	Financial skill
reviewed	reconciled	screened			
scheduled	recruited	specified	clarified	assessed	administered
strengthened	spoke	systematized	collected	assisted	allocated
supervised	translated	tabulated	critiqued	clarified	analyzed
	wrote	validated	diagnosed	coached	appraised
			evaluated	counseled	audited
			examined	demonstrated	balanced
			extracted	diagnosed	budgeted
			identified	educated	calculated
			inspected	expedited	computed
			interpreted	facilitated	developed
			interviewed	familiarized	forecasted
			investigated	guided	managed
			organized	referred	marketed
			reviewed	rehabilitated	planned
			summarized	represented	projected
			surveyed		researched
	1		systematized	I	

SAMPLE RESUME

Jennifer Maria Smith

567 Rose Lane ♦ Wayne, NJ 81207 ♦ (960) 555-0112 ♦ someone@example.com Objective To obtain an internship in a non-profit agency in the field of maternal and child health where I can use my interest in public health and knowledge of research methods. Education William Paterson University of New Jersey- Wayne, NJ Bachelor of Science Degree in Public Health GPA: 3.89/4.0 Anticipated, May 2013 Minor in Psychology Hickory Community College- Great Bend, KS Associate of Science Degree in Health Studies Graduated, May 2007 Certifications ____ CPR and First Aid, American Red Cross, expires June 2014 Employment History _____ The Gap— Wayne, NJ 1998-Present Cashier/Night Manager • Provided exceptional customer service in high-volume retail establishment Managed store and assured safety and security of employees and customers Contoso, LTD- Colorado Springs, CO 1993 to 1998 **Customer Service Representative** Supervised a staff of three employees and provided ongoing training and feedback Managed an annual operating budget of \$14,000, accounts receivable and payroll Implemented an employee wellness program which increased employee morale and decreased absenteeism and sick days **COHO Winery**— Minneapolis, MN 1988 to 1991 Waitress/Supervisor Provided high-quality customer service in a fast-paced, high stress environment Promoted to wait staff shift-supervisor after first year of employment Recognized as employee of the month six times Volunteer Experience _____ American Cancer Society - Montclair, NJ 2010-present Volunteer Fundraiser Assisted with fundraising efforts through media and marketing for 2 hours/week Skills

Computer skills: Proficient in Microsoft Office Suite (Word, Excel, PowerPoint, Access, Publisher), SPSS (Statistical Package for Social Sciences), internet use, and social media

Language skills: Bilingual, English/Italian

REQUIRED PORTFOLIO ARTIFACTS

Course	Artifact
PBHL 3020 – Health Care in the US	Student's choice
PBHL 3040 – Health Research Methods I	Literature Review
PBHL 3042 – Health Research Methods II	PPT presentation and questionnaire
PBHL 3750 – Human Disease	Student's choice

APPLIED HEALTH PROGRAM CORE → APPLIED HEALTH STUDENTS ONLY

Course	Artifact
PBHL 4500 – Health Administration	Student's choice

PUBLIC HEALTH PROGRAM CORE → ALL PUBLIC HEALTH STUDENTS (BOTH TRACKS)

Course	Artifact
PBHL 3000 – Introduction to Public Health	Student's choice
PBHL 3400 – Environmental Health	PPT presentation
PBHL 4000 – Epidemiology	Community Health Assessment Paper

PUBLIC HEALTH - HEALTH ED. TRACK → HEALTH EDUCATION TRACK STUDENTS ONLY

Course	Artifact
PBHL 3010 – Theory	Term paper
PBHL 3610 – Methods	Innovation Project/PPT Disease Specific Guide/PPT
PBHL 4610 – Planning	Program Planning term paper

In addition, students should also include exemplary examples of coursework from their major elective courses, major co-required course, minor courses, and University Core Curriculum courses, as well as certificates or awards. It should be professional-looking, easy to read and browse through. Color copies of work preferred.

TIP SHEET FOR SCHEDULING AN INTERNSHIP INTERVIEW

When reaching out to a potential internship site supervisor via email, please keep the following in mind:

- 1. Use proper names when writing to the potential site supervisor (i.e. Mr. Smith, Ms. Jones, Dr. James). Never refer to a potential site supervisor by their first name.
- 2. Use a greeting at the start of the communication (i.e. Good morning, Good afternoon, Dear, etc.)
- 3. Introduce yourself as a Public Health, Health Education, or Applied Health major from the Department of Public Health at William Paterson University.
- 4. Explain that you are writing to set up an interview for an internship placement for the spring internship season beginning in January.
- 5. Attach your resume and let the site supervisor know that you have attached the resume for review.
 - a. Send your resume as a PDF using the following naming system: Firstname_Lastname_Resume
- 6. Mention something about what you learned about the agency during your research and how you believe you can assist in furthering the agency's goals and objectives.
- 7. Let the potential site supervisor know that you are looking forward to hearing from them to solidify an interview date and time.
- 8. End the communication with a professional closing (i.e. Kind Regards, Sincerely, Thank you, etc.)
- 9. Use a descriptive subject line for the email that clearly describes the nature of the email.
- 10. Proofread the email carefully several times before sending it.

When reaching out to a potential site supervisor by phone, please keep the following in mind:

- 1. Offer a polite greeting to the person who answers the phone (i.e. Good afternoon, Good Morning, etc.). This person may be a secretary or other office worker. Be courteous and professional.
- 2. Introduce yourself and politely ask to speak to the person you are calling: "My name is Joe Smith, and I am calling from William Paterson University. May I please speak with Mr./Ms. Jones?" Never refer to a potential site supervisor by their first name.
- 3. If you are asked for the purpose of your call, explain that you are calling to set up an interview for a possible internship placement.
 - a. The person who answers the phone may also be the person who manages the site supervisor's schedule. If they explain that they can set up the interview for you, be prepared with several dates and times that fit into your current schedule. Ask for the interviewer's availability first and then pick a day and time that matches yours.
- 4. If you are directed to the voice mail system or asked to leave a message with another employee, leave a professional message by speaking slowly and clearly and include the following information:
 - a. Your full name
 - b. The reason for your call
 - c. Your telephone number
 - d. A closure such as: Thank you, Have a nice day, I look forward to hearing from you soon.
- 5. Hint: Type up what you are going to say before placing the call. This will ensure that you communicate all of the necessary information, and may help to calm your nerves.

SPRING INTERNSHIP DATES AND DEADLINES

Fall Semester	
☐ Internship Site Interviews	Early-October–Mid November
☐ Internship Site Registration Form due to Internship Site Coordinator	November 25
☐ Letters of Agreement returned to Internship Site Coordinator	December 15
Spring Semester	
☐ Mandatory Internship Orientation	January 15
☐ First day of Internship – Internships may not begin before this date	January 19
☐ Timesheet #1 due to Internship Site Coordinator by 4:00 pm	February 1
☐ Timesheet #2 due to Internship Site Coordinator by 4:00 pm	February 16
☐ Timesheet #3 due to Internship Site Coordinator by 4:00 pm	February 29
☐ Timesheet #4 due to Internship Site Coordinator by 4:00 pm	March 14
☐ Timesheet #5 due to Internship Site Coordinator by 4:00 pm	March 28
☐ Timesheet #6 due to Internship Site Coordinator by 4:00 pm	April 11
☐ Timesheet #7 due to Internship Site Coordinator by 4:00 pm	April 25
☐ Final day of the Internship – All hours must be completed by this date	May 6
☐ Final Poster Session in the University Ballrooms at 11:00 am	May 9
☐ Timesheet #8 due to Internship Site Coordinator by 4:00 pm	May 9

In addition to the above dates and deadlines, due dates for the course-related requirements of the *Introduction to Internship* and *Internship* courses will be provided by the faculty member teaching the course.

All dates and deadlines are subject to change at the discretion of the Internship Site Coordinator, faculty member, and/or department chairperson.

SUMMER INTERNSHIP DATES AND DEADLINES

Spring Semester	
☐ Internship Site InterviewsLate	e February–Late March
☐ Internship Site Registration Form due to Internship Site Coordinator	April 15
☐ Letters of Agreement returned to Internship Site Coordinator	May 11
Summer Semester	
☐ Mandatory Internship Orientation	May 20
☐ First day of Internship – Internships may not begin before this date	May 23
☐ Timesheet #1 due to Internship Site Coordinator by 4:00 pm	June 6
☐ Timesheet #2 due to Internship Site Coordinator by 4:00 pm	June 20
☐ Timesheet #3 due to Internship Site Coordinator by 4:00 pm	July 5
☐ Timesheet #4 due to Internship Site Coordinator by 4:00 pm	July 18
☐ Timesheet #5 due to Internship Site Coordinator by 4:00 pm	August 1
☐ Final day of the Internship – All hours must be completed by this date	August 12
☐ Timesheet #6 due to Internship Site Coordinator by 4:00 pm	August 15

In addition to the above dates and deadlines, due dates for the course-related requirements of the *Introduction to Internship* and *Internship* courses will be provided by the faculty member teaching the course.

All dates and deadlines are subject to change at the discretion of the Internship Site Coordinator, faculty member, and/or department chairperson.