

WILLIAM PATERSON UNIVERSITY
COLLEGE OF SCIENCE AND HEALTH
DEPARTMENT OF KINESIOLOGY

ONLINE COURSE SYLLABUS – WINTER SESSION

TITLE OF COURSE AND COURSE NUMBER:

KNES2540-80 History and Philosophy of Sport and Physical Activity - Online 3 Credits

DEPARTMENT: Kinesiology

DEPARTMENT SECRETARY: Diane Jagt

DEPARTMENT SECRETARY'S PHONE NUMBER: (973) 720-2362

DEPARTMENT SECRETARY'S EMAIL ADDRESS: jagtd@wpunj.edu

SEMESTER OFFERED: Winter Session 2015-2016

FACULTY MEMBER: Robb S. Rehberg, PhD, ATC, CSCS, NREMT

OFFICE HOURS: By appointment during winter session

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REQUIRED TEXTS:

Mechikoff, RA & Estes, SG (2013) *A History and Philosophy of Sport and Physical Education, 5/E.*
Boston: McGraw Hill Publishers.

Note: the 6th edition is also acceptable for this course. E-book purchase/rental for this book is also available.

STUDENT LEARNING OUTCOME OBJECTIVES: Upon completion of this course students will be able to:

- a. Use reputable Internet sites to retrieve information about the nature and purpose of physical activity from ancient Greece to the Age of European nationalism that will be assessed by performance on written reports and examinations.
- b. Identify and describe at least two physical activities performed in the early cultures of North America, the Orient, the Middle East, and Africa that will be assessed through both written assignments and group discussion.
- c. Critically analyze characteristics of pre-modern and modern sport that will be assessed by instructor's monitoring of small group discussion
- d. Trace the evolution and development of the profession of physical education in America that will be assessed by through written examinations and group discussion
- e. Identify at least eight pioneers and leaders whose contributions in establishing the profession of physical education are assessed through written assignments and examinations.
- f. Define idealism, realism, pragmatism, existentialism and at least two other philosophical

approaches which will be assessed by performance on written examinations.

- g. Formulate a personal philosophy of physical activity (sport, athletics, or exercise) that will be assessed through a written assignment
- h. Apply and improve writing skills through written assignments assessed by the instructor.
- i. Evaluate the contributions of Cooper's Aerobics Movement in comparison with the fitness movement of the 1950s which is assessed by written assignments and examination

TOPICAL OUTLINE OF THE COURSE CONTENT:

Unit I: Ancient Civilizations

- 1. History and Philosophy in Sport and Physical Education
- 2. Sumer, Egypt, China, and Mesoamerica
- 3. Greece
- 4. Rome

Unit II: From the Spiritual World to the Secular World: Changing Concepts of the Body

- 5. Philosophy, Sport, and Physical Education During the Middle Ages: 900-1400
- 6. The Renaissance and the Reformation: 1300-1600
- 7. The Age of Science and the Enlightenment: 1560-1789
- 8. Philosophical Positions of the Body and the Development of Physical Education: Contributions of the Germans, Swedes, and Danes in Nineteenth-Century Europe

Unit III: The Theoretical and Professional Development of American Physical Education

- 9. The Impact of Science and the Concepts of Health on the Theoretical and Professional Development of American Physical Education, 1885-1930
- 10. The Transformation of Physical Education: 1900-1939

Unit IV: Historical and Philosophical Development of Sport in America

- 11. Sport in the Colonial Period
- 12. Changing Concepts of the Body: An Overview of Sport and Play in Nineteenth-Century America
- 13. Sport in the Twentieth Century

Unit V: A Social and Political History of the Modern Olympic Games

- 14. Pioneers and Progress: 1896-1936
- 15. The Cold War Olympics: 1948-1988
- 16. After the Cold War: 1992-2004

TEACHING METHODS: Online interfacing, group discussion, self-activity.

COURSE EXPECTATIONS:

This is an accelerated, three week online course. In order to succeed in this class, students will be required to complete daily assignments during the three week period. Assignments will include the following:

1. Required Readings. All students are required to obtain a copy of the textbook used for this course **prior to the first day of the course**. It will be difficult, if not impossible, to complete this course without it. Reading assignments can be found on the Assignment Schedule document located in the Course Documents folder. A different chapter will be assigned each weekday of the three week course.
2. Written Assignments. Five one-page written assignments related to the assigned readings will be due, one for each learning module. The writing assignment, which is usually in the form of two or three essay questions, will be due on the date listed on the schedule. You should read each question and provide a thoughtful response to each. One or two sentence responses will not earn a high grade.
3. Group Discussion Activities. Discussion topics, ten in all, will be posted on Blackboard on Mondays, Wednesdays, and Fridays. Students will be required to participate in the discussion that day by submitting two posts: a new thread answering the questions posed in the topic, and a response/critique to a thread posted by a classmate. The deadline for participating in each discussion is 11:59pm on the date of the assignment. *The discussions are interactive in nature, so do not wait until the last moment to participate in the discussions.* Topics are based on the reading assignments in the book, so you should take a few moments to think about what you have read about the topic in the assigned reading or textbook. Then give your substantive response in 25 to 100 words. *One-line statements like, "I agree" or "ditto for me" and the like are not acceptable.* Original thread postings and responses will be evaluated for a grade.
4. Activity Assignments – Students must complete ten activity assignments. These assignments, such as fill-in, multiple choice, matching and other activities will be posted on Mondays, Wednesdays, and Fridays, and are due on the following day. Consult the course schedule for more information.
5. Term Assignment – High School Athletics: National/Regional Tournaments and All-Star Games. High school athletics have become increasingly commercialized with *USA Today's* top 25 rankings, Max Preps rankings, McDonald's All-Americans, the Under Armour and Army All-Star football games, and national and regional tournaments. This assignment calls for looking into the benefits and detriments of high school tournaments and all-star games. Scour the Internet for information and articles regarding this topic; examine newspaper and journal articles; and speak with high school coaches, parents, and players about these developments. Then write a 3 to 5 page paper (excluding references) on your findings and analysis. See instructions for this assignment in the Course Documents folder on Blackboard.
6. Final Comprehensive Examination. There will be a final comprehensive examination administered on the last day of the course. It will be open-book, and include objective and essay examinations that must be done during the time- period specified (see course schedule)

GRADING AND OTHER METHODS FOR ASSESSING STUDENT ACADEMIC PERFORMANCE

- a. Weekly writing assignments (20pts each x 5)..... 100 points
 - c. Participation in online group discussions (10pts each x 10)..100 points
 - d. Activity Assignments (10pts each x 10)..... 100 points
 - e. Term Assignment High School Athletics..... 100 points
 - f. Final Examination..... 100 points
- Total Points = **500**

Grading Scale

<u>Percentage</u>	<u>Points</u>	<u>Grade</u>	<u>Percentage</u>	<u>Points</u>	<u>Grade</u>
93-100%	465-500	A	72-76	360-384	C
90-92	450-464	A-	70-71	350-359	C-
87-89	435-459	B+	67-69	335-349	D+
82-86	410-434	B	62-66	310-334	D
80-81	400-409	B-	60-61	300-309	D-
77-79	385-399	C+	<60	<300	F

COMMUNICATION AND TECHNICAL ASSISTANCE. Every student at William Paterson has a student university e-mail address. Your university e-mail address is attached to Blackboard, and that is the one that will be used to contact you about assignments and other matters related to the course. You should check it daily. For technical assistance regarding Bb or problems interfacing with your computer, please consult the Student Support Documentation located on Blackboard at <http://bb.wpunj.edu>.

KNES2540-80 HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL EDUCATION COURSE REQUIREMENTS – DETAILS & INSTRUCTIONS

WELCOME STATEMENT

Welcome to KNES2540, History and Philosophy of Sport and Physical Activity. As a prospective physical education teacher, athletic trainer, exercise specialist, or sports management professional, you are about to embark on an excursion through your profession's heritage. In fact, we will travel back to and through the ancient, medieval, and renaissance worlds to get a glimpse of the evolution and growth of physical activity, an antecedent to our modern-day professions. We will then examine the roots of physical education, athletic training and exercise physiology. In looking backward, you will meet the pioneers and leaders who founded and developed these disciplines, and we will discuss and analyze issues and trends that brought them about. In providing you with knowledge and information about your profession's heritage, we contribute to your development as a well-rounded physical educator, athletic trainer, exercise specialist, or sports management professional. I look forward to accompanying you on this educational journey.

This course is offered entirely online. Although this online course brings the subject matter to you via a different venue, the material covered will be identical to what is presented in the classroom, and you will be expected to devote at least the same amount of time to mastering its subject matter as you would in a face-to-face class. With the computer, rather than the classroom, as our forum, please be aware that the online course will frequent writing assignments and more readings than found in the traditional classroom version. Keeping this in mind, you may elect to drop this course. If you decide to stay with it, I expect you to give your best effort in fulfilling all the requirements as presented in the course syllabus and on this course requirements sheet.

Since this course is being offered in a 20-day winter session, we will move very rapidly, and it will require much more work per week than you might expect during the average semester long course. It is imperative that you stay on top of your assignments and not fall behind. You will need to ensure that you can set aside enough time over the next three weeks to complete these course requirements.

COURSE REQUIREMENTS

The course requirements for KNES2540 are:

1. **Required Readings.** All students are required to obtain a copy of the textbook used for this course. **It will be not be possible to successfully complete this course without it.** Weekly chapter reading assignments can be found on the Assignment Schedule document located in the Course Documents folder. You should begin each week with reading the assigned chapters.

2. Written Assignments. Every four days, a one-page written assignment related to the assigned readings will be posted. The assignment will usually be in the form of two or three essay questions. You should read each question and provide a thoughtful response to each. One or two sentence responses will not earn a high grade. **ALL ASSIGNMENTS MUST BE IN YOUR OWN WORDS. DO NOT COPY SENTENCES FROM THE TEXTBOOK. THIS IS CONSIDERED PLAGIARISM.**

3. GroupDiscussionActivities. For each module, two discussion topics will be posted on Blackboard. **Students will be required to post two threads:** a new thread answering the questions posed in the topic, and a thread responding to a thread posted by a classmate. You will only be eligible for a maximum of half-credit if you only post once. Topics are based on the reading assignments in the book, so you should take a few moments to think about what you have read about the topic in the assigned reading or textbook. Then give your substantive response in 25 to 100 words. *One-line statements like, "I agree" or "me too" and the like are not acceptable.* Original thread postings and responses will be evaluated for a grade. Activities will be graded on the quality of the post, not on your opinion. **ALL POSTS MUST BE IN YOUR OWN WORDS.**

4. ActivityAssignments – Students are required to complete two activity assignments for each module. These assignments are in the form of true/false, multiple choice, matching and other activities.

5. TermAssignment – A written term assignment will be required for this course. The topic will be announced during the first day of the course. The term assignment must be turned in using Turnitin.com.

6. FinalComprehensiveExamination. There will be a final comprehensive examination administered on the last day of the course. It will be open-book, and include objective and essay examinations that must be done during the time- period specified.

Grading

- a. Weekly writing assignments (20pts each x 10)..... 100 points
- c. Participation in online group discussions (10pts each x 10).....100 points
- d. Activity Assignments (10pts each x 10).....100 points
- e. Final Examination.....100 points
- f. Term Assignment High School Athletics..... 100 points

Total Points = **500**

GradingScale (grades are not rounded up)

<u>Percentage</u>	<u>Points</u>	<u>Grade</u>	<u>Percentage</u>	<u>Points</u>	<u>Grade</u>
93-100%	465-500	A	72-76	360-384	C
90-92	450-464	A-	70-71	350-359	C-
87-89	435-459	B+	67-69	335-349	D+
82-86	410-434	B	62-66	310-334	D
80-81	400-409	B-	60-61	300-309	D-
77-79	385-399	C+	<60	<300	F

GENERAL RULES AND INFORMATION

Communication – Every student at William Paterson has a student university e-mail address. Your university e-mail address is attached to Blackboard, and that is the one I will be using to contact you about assignments and other matters related to the course, so check it frequently.

Technical Assistance - For technical assistance regarding Bb or problems interfacing with your computer, you must contact Blackboard support (bb.wpunj.edu). I will likely be unable to assist you with a hardware or software issue. Blackboard works with all web browsers. Be sure to log into the site and navigate through the site to ensure your browser works well with the course site.

Submitting Assignments –Assignments are due by 11:59 pm on the days specified in the instructions given and in the weekly assignment schedule. Late assignments will not be accepted. In the event there is a discrepancy between due dates listed on Blackboard and on the Assignment Schedule document, the Assignment Schedule is always right.

Written and Term Assignments: All written assignments, as well as the term assignment, must be turned in via Turnitin.com, and must be submitted as per the instructions on the Turnitin instruction sheet. **Do not email your assignments to me, they will not be accepted.**

Activity Assignments: To receive credit for the activity assignments, students must follow the directions provided to ensure scores are sent to me. If the directions are not followed and scores are not sent, you will not receive credit for completing the assignment. All instructions will be posted in the Assignments folder.

Discussion Assignments: To receive credit for the discussion assignments, follow the directions on the Blackboard course site.

Note: If you do not have access to Microsoft Word, I recommend you use an online service for creating your documents. One service that I have found works very well (and is free) is Google Docs. Sign up for a free account at <http://documents.google.com>. Instructions for using Turnitin.com are on the following page.

Paraphrasing and Plagiarism – You will be required to review the presentation on Plagiarism on the first day of class. Paraphrasing is expressing another's ideas in your own words and then giving proper attribution to the originator of the ideas, usually with a footnote or endnote. Plagiarism is using another's ideas and words without attribution. You should use your own words in all of your writings. On occasion, however, there are times when changing the author's words might distort the meaning of the point. In that case, place the author's words in quotations. Quoted material, however, is seldom longer than three lines of text, and should not be used frequently in this course. Your written work will be compared to those turned in by previous students to check for similarities. **Plagiarized material will be subject to severe penalty.** See Academic Integrity Policy ([StudentHandbook](#)). Do your own work!

Online Discussion Activities and Netiquette- Please practice good etiquette on the Net. Disagree, but respect, the views of your classmates. Challenge one's ideas and thoughts, but do not personally attack any individuals in the class. Keep your statements free of vulgarities and offensive or biased (racial, ethnic, sexual) language.

KNES 2540-80 History and Philosophy of Sport and Physical Activity

Winter 2015/2016 Online Course Schedule - December 26th through January 14th

Please refer to the course syllabus, online instructions, and other documentation on Blackboard
Text: Mechikoff, R.A. A History and Philosophy of Sport and Physical Education, 5/E.

All assignments are due by 11:59pm on the last day
of the module

MODULE	DATES	TOPIC	READING ASSIGNMENT	WRITING ASSIGNMENT	ACTIVITY ASSIGNMENT	DISCUSSION ASSIGNMENT
1	December 26 through December 29	Ancient Civilizations	Chapters 1 through 4	Writing Assignment 1	Activity A Activity B	Discussion A Discussion B
2	December 30 through January 3	From the Spiritual World to the Secular World: Changing Concepts of the Body	Chapters 5 through 8	Writing Assignment 2	Activity C Activity D	Discussion C Discussion D
3	January 3 through January 6	This Historical and Philosophical Development of Sport in America	Chapters 9 through 12	Writing Assignment 3	Activity E Activity F	Discussion E Discussion F
4	January 7 through January 10	The American Approach to Sport and Physical Education in the 20th Century	Chapters 13 and 14	Writing Assignment 4	Activity G Activity H	Discussion G Discussion H
5	January 11 through January 14	A Social and Political History of the Modern Olympic Games	Chapters 15 through 17	Writing Assignment 5	Activity I Activity J	Discussion I Discussion J
	January 14	Final Exam Due Term Assignment Due				