

# Gradnurse Gazette

Fall 2006

WILLIAM PATERSON UNIVERSITY

Wayne, NJ

[www.wpunj.edu/cos/nursing/grad.html](http://www.wpunj.edu/cos/nursing/grad.html)

## DEPARTMENT OF NURSING



Julie Bliss, Ed D, RN

Chairperson

Greetings and welcome back to campus. I have been reading a book called The Complexities of Care: Nursing Reconsidered (2006) edited by Siobas Nelson and Suzanne Gordon. You may recall Suzanne Gordon from the book From Silence to Voice: What Nurses know and must communicate to the public (2000). In The Complexities of Care the authors reveal some behaviors of nurses and the nursing profession that are so complex and difficult that they result in “unintended consequences”. You may find some points of view challenging your own beliefs about who you are as a nurse and what you believe about nursing. But I suggest that you will rather be inspired to take a position, to speak out and to join in the efforts to revere what nursing can and does do. Some chapters particularly piqued my interest. For example, “Ethical expertise and the problem of the good nurse”; or “When little things are big”. In the later chapter Dana Weinberg makes a case for keeping educated nurses at the bedside and frontlines of patient care. She poses this one solution to the understaffing is NOT to hire non-nurse workers. So my message is, read something about your profession that you “don’t have to” because you are taking a class. The experience is motivating, and stimulates a desire to continue to seek answers to complex issues.

## FROM THE DIRECTOR



Kem Louie, PhD, RN, APRN-BC, FAAN

I would like to welcome new students who have entered the Graduate Program in the fall. I hope you have begun to “find your way around” the campus and embrace your course work this semester. I’ve had the pleasure of seeing you at the New Student’s Orientation in September. For returning students, remember the Graduate Program Student Handbook for policies is located on the Nursing Department, Graduate Nursing Program web-site at:

<http://www.wpunj.edu/cos/nursing/grad/handbook.html>

Elaine Vuoncino, program assistant, has been diligent in updating the Handbook.

This issue of the *Gradnurse Gazette* provides information about current students, alumni and general activities/programs. Please save the dates for the Graduate Nursing Student Organization, Graduate Student Research Forum and the APA workshop. All students are welcomed.

Expect construction of the high tech nursing laboratory in January. See article about the generous gift given by David R Bolger which is expected to be completed in a year. Graduate students will be utilizing the laboratory as part of their education.

Feel free to drop in our office or contact Elaine or myself if you have any questions/concerns this semester.

## ***STUDENT SPOTLIGHT***

### **Congratulations**

**Elisabeth Micich Otero, BSN, RN, BC** in the nursing administration track, was selected to receive the Constance and Bernard Schnoll Memorial Scholarship at Hackensack University Medical Center. The reception ceremony was held on October 13, 2006.

**Jennifer Bianchi, BSN, RN** has taken a position as Inservice Educator at Holy Name Hospital in Teaneck, NJ.

### **Baby News**

It's a girl for Sheryl Hutchinson & Ray Lundy. Lea Mei Hutchinson-Lundy was born on June 2, 2003, Guangdong Province, The People's Republic of China. On August 31, 2006 Lea Mei joined siblings Kyle 16, Alanna 12, Julia 7 and Kira 3.

### **PUBLISHED IN NURSING SPECTRUM**

Carol Molina, RN, MSN, a student in our Post Master's Adult Nurse Practitioner Certification Program was published in the March 13, 2006 Nursing Spectrum. Her article "Escape Burnout!" spoke of some concrete ways to "put out" those feelings of burnout. To read the article in its entirety go to:

<http://community.nursingspectrum.com/MagazineArticles/article.cfm?AID=20150>

## **ALUMNI NEWS**

**Donna Kirby, MSN, RN, CPAN**, was promoted last month to assistant vice president of outpatient services at Chilton Memorial Hospital, Pompton Plains, NJ. She has worked at Chilton for more than 20 years and began her career as a staff nurse in the postanesthesia care unit.

**Debbie Seeger, MSN, RN** is currently employed at Planned Parenthood and is a part time adjunct clinical instructor for the BSN program at Wright State University in Ohio.

**Patty Barrett-Stopper, RN, MSN** successfully passed the AANP exam.



### **Congratulations Graduates**

**August 2006**

**Debra Barmore, RN, MSN  
Sheryl Hutchinson, RN, MSN  
Bernadette Schicho, RN, MSN  
Rupal Trivedi, RN, MSN**

### **Welcome New Faculty to the School Nurse Certification Program**

Dorothy A. Camangian, RN  
Tozia Hemecker, RN, MSN, APN  
Janice Loschiavo, RN

## **Nurses and Construction in New Orleans**

***Renee F. Pevour RN MS AOCN***

After Katrina hit New Orleans the student nurses at William Paterson University wanted to do something. Initially, it was discovered that the best help was to send money and toiletries, so the undergraduates created “backpacks of love” and sent them to a contact in Baton Rouge. The graduate students and faculty contributed money, but the desire to offer a more tangible help lingered.

On June 9, 2006 a group of 5 William Paterson students and faculty flew to New Orleans to assist in the clean up work. The William Paterson University group joined a group from St. Mary’s church in Pompton Lakes, totaling 15 volunteers. Catholic Charities organized this trip, which brought in many volunteers from all over the country. Our mission was to assist in the rebuilding of New Orleans homes, but before real rebuilding could occur, the house had to be prepared. Our job was to strip a house to the frame and prepare the home for its rebirth.

Catholic Charities has three criteria to prioritize help:

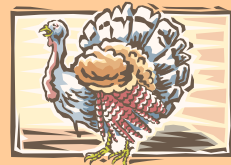
1. The house has to be assessed to be at least 51% salvageable
2. The residents who benefit must be poor, in order to be consistent with the mission of the organization
3. the owners want to return to the house

The owner of our house was Mrs. M., a 71 year old African-American woman. She told stories of her life as a social worker helping others. At age 6 she was told to help her 4-year-old cousin to read and write because he lived too far from school. And so her life of helping and teaching others began. Our task was to now offer help to her and to prepare the house for the rebuilding process. I didn’t realize how much work it would be.

We toured a walk-in clinic in New Orleans. The physician operating the clinic is both an MD and an RN. She agreed to have us visit, not because we were anybody special, but merely because she knew we were in New Orleans to help the people and a tour is what she could do.

We spoke to a 1<sup>st</sup> year intern who said since Katrina, 70% of the physicians have moved. He had severe limitations on referral options for his sicker patients. Also, as a result of limited people now living in New Orleans the number of patients in general was greatly reduced. This has led to discussions of closing the local medical schools and furloughs for the medical faculty. The nursing staff at the clinic was terrific, of course. They came back to work one by one, each with there own story. What struck me was the passion and commitment each staff member exhibited. They are committed to working on the problems, keeping open to new ideas and not giving up.

For more information on volunteering call Rita Kelly RN, Catholic Charities at 973-279-7100 ex 33 or email at [chm@catholiccharities.org](mailto:chm@catholiccharities.org)



### **Senior Citizen Thanksgiving Dinner 2006**

#### **\$25 Gift Certificates Needed**

The Graduate Nursing Department would like to once again contribute to the WPUNJ Thanksgiving Dinner.

If anyone is interested in donating a few dollars to purchase a gift certificate, please drop off your donation to Elaine in Hunziker Wing 240 by November 2nd.

## Graduate Nursing Student Organization



**Lynn Krikorian    Kathy Kelly**

### *A Letter from your Co - Presidents*

Welcome all new and returning Graduate Nursing Students to a new year at William Paterson University. Our first meeting of 2006-2007 was held Monday, October 2<sup>nd</sup>, prior to the New Student Program Orientation. It was wonderful to see so many new faces !

Officers , re-elected from our Spring meeting, were introduced, with Kathy Kelly and Lynn Krikorian re-elected as Co-Presidents and Debbie Kline as Secretary.

Dr. Kem Louie continues as our Advisor.

All students are encouraged to utilize the program's available resources. Educational Support Services, Retention Coordinator, Renee Pevour and Librarian, Victoria Wagner, are invaluable to assist with research papers, classes and the thesis process as you balance your work, family and school. Take advantage of their assistance as well as our enthusiastic and knowledgeable faculty and Graduate Program Assistant, Elaine Vuoncino.

We encourage you to attend GNSO informative programs. Faculty and guest speakers, experts in their fields, present a wealth of information on various topics

In addition, we encourage all students to join and utilize the Graduate Email Listserv in order to be informed of important events going on at the university and within the Nursing Department.

At our Spring meeting, April 3<sup>rd</sup>, approved changes to the APN Curriculum were outlined by Dr. Louie.

## GNSO con't

These changes are applicable to current students who had not matriculated as of Fall 2006. Current matriculated students will continue to follow course requirements as outlined upon their program acceptance. In addition to election of officers for the 2006-2007 year, Marcello Marin volunteered to represent graduate students at open faculty meetings. The schedule for meetings will be posted on the Graduate Bulletin Board so students can attend as their schedules permit.

Following this meeting, the Guest Speaker, Maryanne Crowther, RN, APNC,CCRN , President, Forum of Nurses in Advance Practice, NJ State Representative, American Academy of Nurse Practitioners, discussed state and federal issues and trends in Advanced Practice Nursing.

The next meeting and Holiday party of the GSNO will be held on December 4, 2006 at 8:00 PM in Wing 120. We would like to see you there!

Please feel free to contact either of us by email with questions, requests or concerns at;

Kathy Kelly ..... [Kellyk1@student.wpunj.edu](mailto:Kellyk1@student.wpunj.edu)  
Lynn Krikorian ..... [Krikorianl@student.wpunj.edu](mailto:Krikorianl@student.wpunj.edu)

## Functional Status After Childbirth: The Relationship Between Social Support, Anxiety and Demographic Variables

### Speaker

Nadine Aktan, MSN  
PhD Candidate  
WPUNJ Faculty

Monday, December 4, 2006  
7:30 – 8:00 PM  
Wing 120

GNSO Business Meeting &  
Holiday Celebration  
8:00 – 8:30 PM

# **WILLIAM PATERSON UNIVERSITY ANNOUNCES LANDMARK GIFT FROM BOLGER FOUNDATION FOR CREATION OF NURSING PATIENT SIMULATION LABORATORY**

**—\$500,000 gift supports construction of high-tech nursing lab**

**Wayne, New Jersey, July 12, 2006**

David F. Bolger, through The Bolger Foundation of Ridgewood, N.J., has donated \$500,000 to William Paterson University to support the creation of a patient simulation laboratory suite that will enhance the ability of nursing students to learn in a technologically advanced facility that reflects actual hospital and clinical environments. The laboratory will be named, The Nel Bolger R.N. Nursing Laboratory.

“This gift is in memory of my aunt, Tante Nel Bolger, a Dutch nurse and graduate of Johns Hopkins Nursing School who was a leader in the underground movement in Holland during the Nazi occupation,” said Mr. Bolger. “I am pleased to support William Paterson University’s excellent nursing program, which leads to opportunities for employment in a satisfying, lifelong career in a field that is vitally important. This gift will create a superior clinical nursing education laboratory where nursing students can learn the essential care and diagnostic techniques they need to succeed in New Jersey’s hospitals and other healthcare facilities. I am proud to partner with a University that so greatly values cultural diversity.”

“In the fast-paced atmosphere of hospitals and extended healthcare facilities, it is essential for today’s nursing students to mirror clinical settings as closely as possible,” said Sandra DeYoung, dean of the University’s College of Science and Health. “This also requires that we increase the amount of practice our nursing students at both the undergraduate and graduate level can participate in before caring for actual patients in a clinical setting. This simulation laboratory will allow our students to enhance their proficiency with decision-making and procedures in a sophisticated, simulated clinical facility.”

The laboratory suite, to be located in the University’s Department of Nursing in Hunziker Wing on campus, will contain two simulation labs, one geared toward training undergraduate students in intensive care unit scenarios, the other toward teaching physical assessment skills to graduate-level nurses in a simulated doctor’s office/clinic. The labs will feature computerized patient simulation mannequins, a control station for operating the mannequins, robotic digital cameras to record students practicing patient care techniques, television screens to display the lab sessions, one-way mirrors to allow viewing by professors, and editing facilities for creating electronic DVDs for evaluations of student progress. Students can also make the DVDs available to demonstrate their experience to prospective employers.

Construction on the new lab is scheduled to begin in January 2007.

To read this article in its entirety go to:

[http://ww2.wpunj.edu/adminsrv/pub-info/Releases06/06\\_Bolgergift.htm](http://ww2.wpunj.edu/adminsrv/pub-info/Releases06/06_Bolgergift.htm)

## **ESP Update** **By Renee Pevour**

The Educational Support Program (ESP) is an academic resource service available to masters nursing students. Students who have been away from the academic arena for years may feel a little rusty with academic skills. The ESP program was developed at the inception of the masters program with the purpose to enhance the learning experience and to promote success of the master's nursing student.

A variety of resources are available to all master's nursing students. Some of the most often utilized services include:

- Test taking strategies
- Study helps
- APA writing style review
- SPSS Statistical program workshops
- Term Paper review and when needed
- Procrastination strategies
- Other support at the student's request

For further information or to arrange an appointment please call Renee F. Pevour RN MS AOCN at 973-720-3516 or email at [pevourr@wpunj.edu](mailto:pevourr@wpunj.edu). It is important to remember to make an appointment at least one to two weeks before the paper is due. The ESP program is located in Wing 103.

**Save the Date** November 2, 2006    APA Workshop    Time and Place TBA



### **DATES TO REMEMBER**

Applications for Graduation are due on the following dates:

May Graduation – February 1<sup>st</sup>  
August Graduation – June 1<sup>st</sup>  
January Graduation – October 1<sup>st</sup>

Clinical Placement Information Sheets due back to Graduate Program Director:

Fall Semester – June 30<sup>th</sup>  
Summer Session – April 15<sup>th</sup>  
Spring Semester – November 30<sup>th</sup>

### **IMPORTANT WEBSITES**

Graduate Nursing Home Page

<http://www.wpunj.edu/cos/nursing/grad/index.htm>

Graduate Nursing Newsletter "Gradnurse Gazette"

<http://www.wpunj.edu/cos/nursing/newsletter/>

Graduate Nursing Student Handbook

<http://www.wpunj.edu/cos/nursing/grad/handbook.html>

Graduate Studies Office

<http://www.wpunj.edu/admissn/gradf/graduate/>

On Line Application

[http://www.wpunj.edu/admissn/gradf/graduate/grad\\_apply\\_now.htm](http://www.wpunj.edu/admissn/gradf/graduate/grad_apply_now.htm)

Forms for Current Students

[http://www.wpunj.edu/admissn/gradf/graduate/grad\\_forms.htm](http://www.wpunj.edu/admissn/gradf/graduate/grad_forms.htm)



Dr. Julie Bliss, Lori Agis, Rupal Trivedi, Dr. Kem Louie, Bernadette Schicho, Virginia Flynn, Dr. Sandra DeYoung

## GRADUATE STUDENT NURSING RESEARCH FORUM

A scholarly discussion with faculty and graduating masters' students was held May 2006. The next Graduate Student Nursing Research Forum will be held Thursday, December 14 from 5:00 – 7:00 PM in Hunziker Wing 120. All current graduate students are invited to attend.



## SPRING AND SUMMER 2007 REGISTRATION

Spring 2007 and Summer sessions registration *tentatively* begins on November 8<sup>th</sup>. For course listings and web registration timetable go to: [www.wpunj.edu](http://www.wpunj.edu).

**All students are encouraged to register for courses early, due to state funding budget decreases, course may be cancelled.**

### Attention All Students:

The 2006 – 2007 edition of the Graduate Nursing Handbook is online at:

<http://www.wpunj.edu/cos/nursing/grad/handbook.html>