

Gradnurse Gazette

Spring 2005

WILLIAM PATERSON UNIVERSITY

Wayne, NJ

www.wpunj.edu/cos/nursing/grad.html



Julie Bliss, Ed D, RN
Chairperson, Department of Nursing

Up in Arms!

I have been thinking about how to get a message of nurse advocacy across in an intellectual way when I feel so emotional about the topic. To this end, I recommend two areas for you to investigate to set you on this "course" with me. First is a book titled "From Silence to Voice: What Nurses Know and Must Communicate to the Public" by Bernice Buresh and Suzanne Gordon (2000).

Read it. There is so much truth. I heard Ms. Buresh speak at the NJSNA convention and she renewed my commitment to "SPEAK UP".

Secondly, I recommend <http://www.nursingadvocacy.org> a website that seeks to increase public understanding of the central, front-line role nurses play in modern health care (excerpted from their mission statement).

Both of these resources can help us as nurses to speak out in positive, important, not "angels" or "self sacrificing" way, about the work that we do to promote health and wellness in all people. Join me. Stand tall and do not apologize for the little that you can do, because what we do is what humans need. We make a difference. Take credit.

FROM THE DIRECTOR



Kem Louie, PhD, RN, CS, FAAN

It's Spring!

It's a time in the life of graduate students to think about the next several weeks before the end of the semester and all the assignments, exams and papers are due. It's a time to think about registering for courses for summer and fall semesters. For several of you who have been here for over four years, it's a time to think about graduation and what the graduate program has prepared you for in your advanced nursing career.

As many of you have heard me say, the cumulative value of the graduate program is more than the skills and knowledge that our faculty has provided, more than the interactions of your peers, classmates and preceptors and more than the books, papers and examinations. In a recent Institute of Medicine report (2001), "The goal... is to better prepare clinicians to meet both the needs of patients and the requirements of a changing health system" (p.1). I believe that graduates of the Master's in Science in Nursing program are able to lead others and provide the necessary leadership to achieve this goal.

In the spring issue, read about the activities of alumni, current students and faculty. Remember, April 28th will be a Graduate Nursing Student Organization meeting. We will be seeking officers for 2005-06. This is a time to volunteer for an office.

See you there!

ALUMNI NEWS

Congratulations to our August 2004 graduates **Jill Restrepo, Shantha Franks, Peggy Ford, Anne Marie Shaftic and Roe Wellman** for successfully passing the AANP exam. Anne also passed the Advanced Oncology Nurse Practitioner Exam.

Publications:

Kathleen Emr, RN, CNA, BC, MSN (May 2000 graduate), was published in *Home Healthcare Nurse*. Her article, Best Practice for Indwelling Catheter in the Home Setting, was written with Rosemary Ryan, RN, CAN, BC, MPA. You can read the full article by logging onto:
www.homehealthcareonline.com.

Anne Marie Shaftic, RN, MSN, NP-C, OCN was published in *Nursing Spectrum* January 17, 2005 page 6. Her article written with Stephanie Bino, RN, BS, OCN is titled Two Technologies Are Better Than One, In cancer diagnosis and treatment, PET scans and CT scans are joined together for more effective results. You can read more about Ann's article online at:
<http://community.nursingspectrum.com/MagazineArticles/region.cfm>

Linda Bowersox, RN, MS was appointed Vice President, Patient Services, St. Joseph's Hospital Wayne.

Alumni Initiated Nursing Scholarship Fund

Under the leadership of **Paula Sisco**, RN, MS and **Beverly Bennett**, RN, MS co-presidents, the Nursing Alumni Association completed their goal of raising \$10,000. This initiated the WPUNJ Yvonne Parisen Nursing Scholarship in 2005. Graduate and undergraduate students are eligible for the scholarship.

All students are encouraged to apply. There is no need to specify which scholarship you are targeting. The application process filters students into the appropriate categories. Applications will be accepted on-line in mid March at <http://ww2.wpunj.edu/scholarships/>

We wish to acknowledge the effort of each of the graduate nursing alumni who tirelessly met, planned and persevered to meet the goal. Many fundraising projects were initiated and accomplished to gather the needed principle. Their efforts as well as the memory of Yvonne Parisen, RN, MS will benefit nursing students yet to enroll.

The Department of Nursing at William Paterson University welcomes Adjunct Instructors

Robert Gordon, PhD
Barbara Cohen, Ed D, RN

Congratulations 2005 Graduates



January 2005

Leslie Moran, MS, RN
Christa Preuster, MS, RN
Carole Wolke, MS, RN

BABY NEWS

Suzanne Deutsch
It's a Boy!
Dylan Nicholas Deutsch
October 20, 2004
7 lbs. 1 oz. 20 inches



Sheryl Hutchinson
It's a Girl!
Kira Ming Hutchinson-Lundy
Birthdate: March 15, 2003
Adoptive date: November 8, 2004
Hubei Province, The People's Republic of China
Joins siblings Kyle 14, Alanna 10 and Julia 5

Victoria Wagner, Director of Library Services
WPUNJ
It's a Girl!
Elizabeth Searles Wagner
January 2, 2005
7 lbs. 9 ozs.
20.5 inches

Meet the New Students



Donald Post
WPU Alumni

Donald graduated from William Paterson University with his BSN in 1977. He worked for 10 years at The Valley Hospital and 21+ years at Bergen Regional Medical Center. He is currently working in behavioral health. He teaches CPR and is also interested in teaching.

Donald's favorite past time is American History. He gives lectures on medicine for the American Soldier during the Revolutionary War. He also finds time to participate in Revolutionary War reenactments.

He lives in Bergen County with his wife Patricia, who is also a nurse. Donald has 2 grown children and 1 grandson, Trent James.

Donald has returned to William Paterson University to pursue a masters degree in the educational track.

DATES TO REMEMBER

Applications for Graduation are due on the following dates:

May Graduation – February 1st
August Graduation – June 1st
January Graduation – October 1st

Clinical Placement Information Sheets due back to Graduate Program Director:

Fall Semester – June 30th
Summer Session – April 15th
Spring Semester – November 30th

Registration for Summer and Fall 2005 courses begins April 4th. Please contact Dr. Kem Louie at 973-720-3215 for advisement.

WPUNJ Faculty Accomplishments

Professor Connie Bareford, PhD, MA, BS was invited to participate in the May recognition ceremony as a representative of Binghamton University, Decker School of Nursing's, first graduating Class of 1973. Dr. Bareford is the contact for other 1973 Decker alumni wishing to participate with former classmates in the 35th anniversary events.

She was also profiled on page 10 of the DeckerScope in an article entitled "*Committed to community health nursing after 35 years*". To read the full article in the Fall/Winter 2004 issue of DeckerScope go online to:

<http://dson.binghamton.edu/deckerscope/>



Drs. Janet Tracy and Sandra DeYoung were published in (Oct. 2004) *Journal of Gerontological Nursing* (pgs. 26-33). Their article, written with the input of three undergraduate students was titled "Moving to an Assisted Living Facility: Exploring the Transitional Experience of Elderly Individuals".



The Students of Life Organization

The Students of Life Organization (SOL) is a program of community mentors that was established through the Institute for Creative Aging. SOL hosts many events in an attempt to provide students with assistance and guidance from older members of the community that students may not ordinarily find at William Paterson. SOL mentors often try to find a fun way to engage students while educating them.

Graduate nursing students may utilize SOL in their "Get Write with SOL" program. Geri Hellou, a retired English teacher, heads up this program. Masters students may be rusty in two areas, writing papers and paraphrasing from articles. Ms Helou is willing to assist Master nursing students with these and other writing concerns. The Students of Life may be reached by calling 973-720-2873.

Graduate Nursing Student Organization



Kathleen Debbie Lynn

A Letter from your President

Hello, everyone, and welcome to a new year! As we get closer to our goal of graduation, we must keep the pace and not get discouraged. I know that most of us have full-time jobs, and families, and are therefore taking one course at a time. There is a light at the end of the tunnel, I assure you, and no, it is not a train! We are giving ourselves one of the best gifts we can give ourselves: that of educational, personal, and professional growth. To all those students who expect to graduate this May, "Congratulations!" and best of luck on the certification exam, WPU has a great passing record for the exams.

As we move forward toward our goal, may I remind you that we are leaving behind the world of undergraduate level nursing. I had been invited to speak with the senior nursing class at WPUNJ on March 10. We discussed the "reality" of nursing and transition issues. I would like more discussions with undergraduate students.

Our next GNSO meeting is Thursday, April 28th from 7:30 – 9:00 PM in Hunziker Wing 120. We will have elections of officers for next year. Please come and volunteer. Light refreshments will be served.

As always, I am available to any of my peers for information or assistance. So far, I have not been taken up on this offer, but it still stands. My goal for graduation, God willing, is August 10, 2005. This may be my last submission to the newsletter. I would like to give a big "Thank You" to everyone: students, professors, and staff. And a huge "Thank You" to Elaine Vuoncino, who has helped me above and beyond. She is a valuable resource, and an asset to William Paterson University.

Remember, we are all in this together, and there is always support available to you. Once again, I would like to wish you all success in your future careers!

Regards,

Debbie Seeger, President GNSO.



Important Handbooks for Graduate Students

The Department of Nursing Graduate Program Student Handbook of Policies and Procedures 2005 and the Preceptor's Handbook 2005 - 2006 is now available online at:

www.wpunj.edu/cos/nursing/grad



Masters Student Assists Undergrads

Graduate nursing student, Kathy Kelly assisted undergraduate nursing students prepare for the Physical Assessment Practicum test in February. Every sophomore nursing student must pass this test in order to proceed in the nursing program. The sophomores are required to demonstrate physical assessment skills from head to toe.

Upper class nursing students organized a practice session for sophomore students. The nursing tutors and the Student Nursing Association worked together to organize the workshop. The upperclassman conducted a needs assessment to determine sophomore interest prior to beginning the planning. Three sessions were then scheduled. Sophomores could sign up for one session. They would practice under the tutelage of tutors, upper classman and graduate nursing students. The workshop offered practice opportunities to 90 sophomores.

This was the first time Masters students assisted undergraduates in an academic project. Hopefully it is the beginning of a wonderful tradition that can be fun and enjoyable for both graduate and undergraduate students.

IMPORTANT WEBSITES

Graduate Nursing Home Page
<http://www.wpunj.edu/cos/nursing/grad/index.htm>

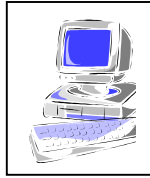
Graduate Nursing Newsletter "Gradnurse Gazette"
<http://www.wpunj.edu/cos/nursing/newsletter/>

Graduate Nursing Student Handbook
<http://www.wpunj.edu/cos/nursing/grad/handbook.html>

Graduate Studies Office
<http://www.wpunj.edu/admissn/gradf/graduate/>

On Line Application
http://www.wpunj.edu/admissn/gradf/graduate/grad_apply_now.htm

Forms for Current Students
http://www.wpunj.edu/admissn/gradf/graduate/grad_forms.htm



Student Publishes Art Work on Author's Web Site!

Noreen Frodella, BSN, a graduate student has published her mandala on the textbook web site. As part of a challenge to the students in NUR 500, Theoretical Foundations for Nursing, Dr. Janet Tracy encouraged class participants to submit their artwork to the authors of the text *Understanding the Work of Nurse Theorists* during the fall 2004 semester. Noreen created a mandala, an art form with a central point surrounded by symmetrical elements. Mandalas, abundant in nature, are used in the text to express theoretical concepts. Noreen chose Sister Callista Roy's Adaptation Model to express in her art work.

Textbook authors, Kathleen Sitzman and Lisa Eichelberger, solicited original art work through faculty using their text book in courses. Noreen's work was the first one accepted for publication on the web site accompanying the textbook materials. She has already had an inquiry from a faculty member in Ireland asking for further explication of the model. They have corresponded and await more discussion of the submitted work. "I was so excited about having the mandala on the web and I was even more excited to hear that a professor has seen it and wanted to ask me about it," Noreen said.

The mandala can be seen at:
<http://nursing.jbpub.com/sitzman>.

Thank you to all who contributed to the Senior Citizen Thanksgiving Dinner 2004. The Department of Nursing Graduate Program along with The Graduate Nursing Student Organization donated four \$25.00 Shop Rite gift cards.

Student News

Jennifer Bianchi became a clinical educator for critical care in January at Hackensack University Medical Center.

Marissa Cruise has accepted a position beginning March 7th, at St. Barnabas Hospital as a clinical instructor in the pediatric ICU and pediatric department.

Marie Van Derviere was appointed Director of Nursing Education, St. Joseph's Hospital Wayne.

Ellen White presented a poster at the New Jersey State Nurses Convention in Atlantic City – March 2005

A SPECIAL THANK YOU

We continue to thank all our clinical preceptors for their time and generosity at:

**The Annual Preceptor
Appreciation Reception
Thursday, April 14, 2005
Hunziker Wing Room 120**

Continuing Education Series 2005

April 14, 2005

**Advances in CPR –
Computerized Patient Records:
Informatics**

Speaker

**Julie Bliss, EdD, RN
William Paterson University
Department of Nursing – Chairperson**

**Hunziker Wing 101
6:30 – 8:30 PM**

**For more information or to register
please call Elaine at 973-720-3511**

**Cost fee for attendees \$5.00
*2 Contact Hours**