Preparation of Inquiring Educators: Knowledge, Understanding, and Application

1. Course Title and Number of Credits:
   CSP 686  Practicum in Counseling  3 Credit Hours

2. Course Description:
   This course consists of the student’s first fieldwork experience. Students become counselor trainees and learn in an applied setting how to assess and understand the problems of clients and client’s behavior. Counselor trainees learn to utilize and further develop their basic counseling skills by use of review and critiquing of audio and video taped client sessions. Counselor trainees also have the benefit of individualized supervision by course instructors and site supervisors.

3. Prerequisites and Restriction:  Permission of Practicum/Internship Coordinator

4. Course Objectives:
   1. For intern to complete 100 fieldwork hours to include at least 40 hours of direct client service (III.F., F.1.)
   2. To provide a formal evaluation of the intern’s performance in counseling in the field (school or community agency) (III.F.5.)
   3. To provide supervised counseling experience with one hour per week of individual or triadic supervision by a University faculty member (III.F.2.)
   4. To provide knowledge of techniques and skills necessary in the counseling process as shown by audio or video taped recordings of client sessions (III.F.4., CMH D.6.)
   5. To provide 1 ½ hour per week of group supervision (III.F.3.)
   6. To encourage counselor self-exploration of variables that affect the counseling relationship
   7. To promote awareness of issues with diverse clients

5. Student Learning Outcomes:
   Students in the School concentration will be able to:
   1. Demonstrate an ability to effectively offer individual and group services that address and strengthen academic, career and personal/social competencies of students as demonstrated by case write ups and tapes (SC.C.1.,3,5; D.2.; E.4.; L.1.)
   2. Demonstrate an ability to work collaboratively with teachers, other professionals, support staff, and parents while maintaining the integrity of the
counseling process as evidenced by class discussion (SC.A.3.; B.2.; K.1.; M.2.; N.3.)

3. Demonstrate an ability to assist students and their families with educational transitions as demonstrated by case write ups, tapes, and class discussion (SC.D.3.; L.2.)

4. Demonstrate an ability to constructively partner with parents and families in order to promote academic, career, and personal/social success as demonstrated by class discussion (SC.F.4.; M.1.; N.1.)

5. Demonstrate an ability to recognize and assist students at risk due to individual, environmental and/or familial risk factors such as drug use, mental or emotional disorders, violence, and poverty as evidenced by class discussion and case write ups (SC.D.4.; G.1.2.)

6. Demonstrate an ability to structure initial and other sessions including explanation of confidentiality and informed consent as evidenced by tapes and case write ups

7. Demonstrate an ability to examine student characteristics, including the effects of socioeconomic status, unemployment, gender, culture, race, ethnicity, chronic illness, developmental transitions and interpersonal, family and community as demonstrated by personal analysis logs, case write ups and class discussion (SC.A.6.; D.1; E.1.2.4.)

8. Demonstrate an ability to make ethical decisions based on solid understanding of the ethical obligations of counselors as evidenced by case write ups and personal analysis logs (SC.A.2.; B.1.)

**Students in the Agency concentration will be able to:**

1. Demonstrate an understanding of the policies and laws regulating community counseling, including preparation standards and requirements for National Certification and State licensure as demonstrated by class discussion

2. Demonstrate an understanding of the role of agency counselors in various practice settings and the relationships between counselors and other professionals, including the role of supervision, consultation, and referral as demonstrated by class discussion and case write ups (CMH D.6.)

3. Demonstrate an ability to establish rapport with clients, affirming them as co-participants in the counseling process as evidenced by performance on tapes

4. Demonstrate an ability to structure initial and other sessions including explanation of confidentiality and informed consent as evidenced by tapes and case write ups

5. Demonstrate an ability to assist client in identifying goals as evidenced by class discussion and case write ups

6. Demonstrate an ability to formulate client and problem description, psychosocial history, mental status, and treatment plan, including assessing for self harm and danger to others as evidenced by case write ups, class discussion and Personal Analysis logs (CMH H.3.)

7. Demonstrate an ability to examine ones own strengths and limitations as a mental health counselor and to seek appropriate supervision when
appropriate as evidenced by class discussion and Personal Analysis Logs (CMH D.9.)

8. Demonstrate an ability to examine client characteristics, including the effects of socioeconomic status, unemployment, aging, gender, culture, race, ethnicity, chronic illness, developmental transitions and interpersonal, family and community as demonstrated by personal analysis logs, case write ups and class discussion

9. Demonstrate an ability to make ethical decisions based on solid understanding of the ethical obligations of counselors as evidenced by case write ups and personal analysis logs

6. Course Content:
   1. Responsibilities of a counselor trainee
   2. Informed consent and confidentiality
   3. Paperwork in the school or agency setting
   4. Treatment plans
      a. Identifying the problem
      b. Setting goals
      c. Setting objectives
   5. Transference and countertransference
   6. Importance of supervision
   7. Counseling diverse populations
   8. Ethical practice in schools and agencies

7. Teaching Strategies:
   1. Reviewing audio-taped counseling sessions
   2. Small group discussion
   3. Role play
   4. Counseling dyads

8. Evaluation Methods:
   1. Evaluation of 4 audio-taped counseling sessions
   2. Case write-ups
   3. Personal Analysis Logs
   4. Attendance and participation in counseling dyads

9. Required Texts/Readings:
10. **Preparer's Name and Date:** Paula R. Danzinger, Ph.D., Fall, 1999

11. **Department Approval Date:** Spring, 2000

12. **Reviser(s) Name(s) and Date:** Paula R. Danzinger, Ph.D., and Karen Decker, M.Ed., Fall, 2008
   Paula R. Danzinger, Ph.D., Fall, 2003

13. **Revision Approval Date:**

14. **Bibliography:**

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15. **Journals**


