1. **Course Title and Number of Credits:**
   CSP 651 Counseling for Substance Abuse and Addiction: Applications for School and Mental Health Settings                      2 credits

2. **Course Description:**
   This hybrid course provides an overview of substance abuse and counseling clients in the schools and mental health settings who are dealing with substance abuse issues. The student will be introduced to the physiological and psychological effects of different substances. The effectiveness and appropriateness of assessment, interventions and treatments will be discussed and evaluated as well as dual diagnosis with concurrent mental health disorders.

3. **Prerequisites and Restrictions:**
   CSP 601, CSP 603, CSP 606 or permission of instructor

4. **Course Objectives:**
   1. To provide an overview theories and etiology of addictions and addictive behaviors (CS II.3.g.)
   2. To provide general knowledge of the physiological and psychological effects of addictions (SC G.2., CMH A.6., K.3.)
   3. To provide information on assessment, treatment, interventions for, and prevention of substance abuse and addiction (CS II.3.g., SC G.2., CMH I.4.)
   4. To provide information about available resources that address substance abuse and addiction (SC H.4., N.2., CMH D.4., F.1.)
   5. To explore ethical issues relating to assessment and treatment of substance abuse and addiction in a diverse society (CS II.1.j.)

5. **Student Learning Outcomes:** The student will be able to:
   1. Demonstrate an understanding of the theories and etiology of additions and addictive behavior as evidenced by performance on case studies and class and online discussion
   2. Demonstrate knowledge of the physiological and psychological effects of additions as evidenced by case study and abstinence project/journal
   3. Demonstrate an ability to apply theory to assessment, treatment, and interventions for substance abuse and addictions as evidenced by performance on case studies and class and online discussion
4. Demonstrate an ability to provide information about available resources that address substance abuse and addiction as evidenced by performance on case studies and class and online discussion.

5. Demonstrate an understanding of ethical issues relating to assessment and treatment of substance abuse and addiction in a diverse society as evidenced by performance on case studies and class and online discussion.

6 Course Content:
   3. Physiological and psychological effects of:
      a. Cocaine
      b. Alcohol
      c. Opiates
      d. Marijuana
      e. Other psychotropic drugs.
   6. Area resources.
   8. Ethical considerations in substance abuse counseling.
   9. Twelve step programs.

7 Teaching/Learning Methods:
   1. Lecture.
   2. Class and online discussion.
   3. Small group work.
   4. Guest speakers.
   5. Multimedia presentations.

8 Evaluation Methods:
   2. Abstinence Project and journal.
   3. Online discussion.

9 Required Texts/Readings:

10 Preparer’s Name and Date: Paula R. Danzinger, Ph.D., Fall, 2003.

11 Department Approval Date: Fall, 2003.
12 Reviser(s) Name(s) and Date(s): Paula R. Danzinger, Ph.D.  
Spring, 2009

13 Revision Approval Date:

Bibliography:


