Course of Study

1. Course Title and Number of Credits:
   CSP 622 Foundations of Mental Health Counseling   3 credits

2. Course Description:
   This hybrid course offers the student an overview of the history, philosophy and trends in mental health counseling. The roles, functions, and professional obligations of a mental health counselor will be examined. Issues such as prevention, intervention, consultation, and assessment in a diverse society will also be explored.

3. Prerequisites and Restrictions:
   CSP 601, CSP 602, CSP 603, or permission of the instructor.

4. Course Objectives:
   1. To introduce the history, philosophy, and trends in mental health counseling (CMH A.1., A.2., A.4., A.8., C.9., I. 1., J.1.)
   2. To introduce principles of mental health counseling such as prevention, intervention, and consultation (CMH C.1., D.3.)
   3. To introduce the role and function of mental health counselors in a variety of practice settings, including consultation and supervision (CMH A.3., C. 4., C.5., D.5., D.9.)
   4. To introduce various issues that affect mental health counselors such as mental health insurance, managed care, professional liability, record keeping, client support systems, and professional and client advocacy. (CMH A.7., C.1., C. 8., D.6, E. 4., E.6., F.2.)
   5. To examine delivery and availability of mental health services to diverse populations (CMH B.2., C.3., C.4., D.4.,E. 1., F.2.)
   6. To introduce concepts of program development and evaluation in a mental health setting. (CMH B.2., C.1., I.2., J. 3.)

5. Student Learning Outcomes: Students will be able to:
   1. Demonstrate an understanding of the principles of mental health counseling as evidenced by case studies, BlackBoard discussions, and class discussion.
   2. Demonstrate an understanding of the role and function of mental health counselors as evidenced by case study and small group
3. Demonstrate an understanding of issues affecting mental health counselors, such as becoming a managed care provider, advocating for clients and the profession, and legal and ethical obligations such as accurate record keeping, as evidenced by case studies and BlackBoard discussion.

4. Demonstrate an understanding of mental health service delivery as evidenced by case study and class discussion.

5. Demonstrated an understanding of program development and evaluation in a mental health setting as evidenced by class and BlackBoard discussion and by small group program development project.

6. **Course Content:**
   a. History and philosophy of mental health counseling
   b. Delivery of mental health services
   c. Prevention in mental health counseling
   d. Mental health counseling in a diverse society
   e. Record keeping
   f. Client advocacy in mental health counseling
   g. Clinical mental health and public policy: Federal, state and local laws and policies
   h. Mental health insurance and managed care (HIPAA)
   i. Interdisciplinary treatment teams

7. **Teaching/Learning Methods:**
   a. Lecture
   b. Multimedia presentation
   c. Class discussion
   d. BlackBoard discussion
   e. Small group work

8. **Evaluation Methods:**
   a. Case studies
   b. Interview of professional in a clinical mental health setting
   c. Small group program development project
   d. BlackBoard discussion
   e. Class discussion

9. **Required Texts/Readings:**

10. **Preparer’s Name and Date:** Paula R. Danzinger, Fall, 2008

11. **Department Approval Date:**
14. Bibliography:


