Course of Study

1. **Course Title and Number of Credits:**
   CSP 610  Group Counseling: Theories and Applications  3 Credit Hours

2. **Course Description:**
   The course provides an overview of theories of group counseling as well as group dynamics, group leadership, group procedures, and group counseling skills. The student will participate in a small personal growth group experience, providing the student with insight into group process as both a leader and a participant.

3. **Prerequisites and Restrictions:** CSP 601, CSP 602, CSP 603, and CSP 606

4. **Course Objectives:**
   1. To introduce theories of group counseling (II.G.3.h., G.5.d., G.6.c.)
   2. To introduce the principles of group dynamics, group formation, and group leadership (II.G.6.a., G.6.b., G.6.d.)
   3. To introduce the stages of group growth and development and facilitate understanding of the characteristics and critical problems in each stage (II.G.6.a., G.6.b.)
   4. To present ethical and legal issues in group counseling (II.G.6.a., G.6.d)
   5. To introduce issues affecting group counseling in a diverse society (II.G.2.a., G.2.d.)
   6. To provide the student with experience in a small group setting as both participant and leader (II.G.6.e.)

5. **Student Learning Outcomes:** Student will be able to:
   1. Demonstrate knowledge of appropriate group formation, including conceptualization of purpose of group and participant screening methods as evidenced by forming small personal growth group
   2. Demonstrate a knowledge of group dynamics as well as the stages of group development as evidenced by participation in small personal growth group
   3. Compare and contrast different types of interactive groups and group leadership as evidenced class presentation, whole group discussion, and BlackBoard discussion
   4. Demonstrate an ability to Identify roles that the group members are playing and describe how group leaders facilitate the progress of the group as evidenced by whole class discussion, small personal growth group participation, and Personal Analysis Logs
5. Demonstrate an ability to develop group goals as evidenced by participation in small personal growth group
6. Demonstrate an understanding of group development and the techniques necessary to facilitate group growth and development as demonstrated by BlackBoard discussion and Personal Analysis Logs
7. Demonstrate an understanding of how human diversity affects the group process as evidenced by whole class discussion, BlackBoard discussion and participation in small personal growth group
8. Participate in and lead an ongoing small personal growth group

6. Course Content:
   1. Introduction to theories of group counseling
   2. Pre-group Issues
      a. Establishing a group
      b. Interviewing perspective group members
      c. Informed consent and issues of confidentiality in groups
   3. Types of groups
   4. Types of group leaders
   5. Types of group members
   6. Group goals
   7. Transition Stage in groups
   8. Working Stage in groups
   9. Group resistance
   10. Termination and final stage of groups
   11. Techniques in group counseling

7. Teaching/Learning Methods:
   1. Participation in personal growth group
   2. Role play
   3. Lecture
   4. Participation in group activities
   5. Multimedia presentation

8. Evaluation Methods:
   1. Personal Analysis Logs
   2. BlackBoard discussion
   3. Whole class discussion
   4. Class presentation on group leadership
   5. Participation in ongoing small personal growth group

9. Required Texts/Readings:
10. **Preparer’s Name and Date:** Paula R. Danzinger, Ph.D., Fall, 1999

11. **Department Approval Date:** February, 1999

12. **Reviser’s Name(s) and Date:** Paula R. Danzinger, Ph.D., & Karen Decker, M.Ed., Fall, 2008
Paula R. Danzinger, Ph.D., Fall, 2000

13. **Revision Approval Date:**

14. **Bibliography:**


