William Paterson University
College of Education
Department of Special Education and Counseling

Preparing Inquiring Educators: Knowledge, Understanding, and Application

Course Syllabus:

1. **Course Title and Number of Credits:**
   CSP 609 Human Growth and Development for School and Community Counselors 3 Credit Hours

2. **Course Description:**
   The study of human growth as applied to school and clinical mental health counseling. Includes physiological, psychological, cognitive and social development through the life span. Major theoretical approaches including theories of minority development will also be explored.

3. **Prerequisites and Restrictions:** CSP 601, CSP 602, CSP 603, or permission of course instructor

4. **Course Objectives:**
   1. Present the history and philosophy of theories of development and how they apply to school and clinical mental health counseling, including theories of cognitive development, psychosocial development, identity development, and personality development (II.G.2.c., II.G.3.a, II.G.3.b.)
   2. Identify the interrelatedness of physical development, social development, cognitive development and identity development including current understanding about neurobiological behavior. (II.G.3.b., CMH G.1.)
   3. Introduce the ways in which early life experience affects later development and how development continues across the total life span (II.G.3.a, II.G.3.h, II.G.5.a)
   4. Present the ways in which culture and ethnic background influence development(II.G.2.a)
   5. Familiarize students with current research in areas of development including brain development and neurobiological behavior and their application to the counseling process (II.G.8.a, II.G.8.e.)
   6. Develop an awareness of how normal and abnormal behavior is affected by developmental crises, disability, psychopathology, and factors in the environment (II.G.3 f., CMH A.6., C.2.)

5. **Student Learning Outcomes:** Student will be able to:
   1. Demonstrate a knowledge of how developmental stages influence school and clinical mental health counseling as evidenced by paper
2. Demonstrate a knowledge of how early life experiences may affect later development and how that affects the counseling process as evidenced by personal development paper, BlackBoard discussions and class discussions.
3. Demonstrate an understanding of how culture and ethnic background affects development as evidenced by class discussion and BlackBoard discussions.
4. Demonstrate an understanding of the application of human growth and development to healthy adjustment, personality problems, and the counseling process as evidenced by personal development paper, paper and BlackBoard discussions.

6. Course Content:
   1. Introduction to human developmental theory
   2. Multicultural theories of development
   3. Application of developmental theory to school and community counseling
      a. Cognitive development
      b. Psychosocial development
      c. Identity development
         1. Minority identity development
   4. Development in later life
   5. Death and dying

7. Teaching/Learning Methods:
   1. Lecture
   2. Small group discussion
   3. Multimedia presentation

8. Evaluation Methods:
   1. Personal Development Paper
   2. Paper addressing developmental issue and it’s application to the counseling process
   3. BlackBoard discussion
   4. Attendance and participation

9. Required Texts/Readings:

10. **Preparer’s Name and Date:** Paula R. Danzinger, Ph.D., Fall, 1999

11. **Department Approval Date:** February, 1999

12. **Reviser’s Name(s) and Date:** Paula R. Danzinger, Ph.D. and Karen Decker, M.Ed., Fall, 2008
   Paula R. Danzinger, Ph.D., Fall, 2000

13. **Revision Approval Date:**

**L. Bibliography:**


Campbell, S., Matestic, P., von Stauffenberg, C., Mohan, R., & Kirchner, T. (2007, September). Trajectories of maternal depressive symptoms, maternal sensitivity,
and children’s functioning at school entry. *Developmental Psychology, 43*(5), 1202-1215.


psychological theory and education (pp. 49-71). Cambridge, MA: Harvard University Press.


