William Paterson University
College of Education
Department of Special Education and Counseling

Preparing Inquiring Educators: Knowledge, Understanding, Application

Course of Study

1. **Course Title and Number of Credits:**
   CSP 603 Multicultural Counseling 3 credits

2. **Course Description:**
   An introduction to the philosophy, theory, and practice of multicultural counseling and development. Includes individual, family, and educational perspectives. Self awareness development is an integral component of this course.

3. **Prerequisites and Restrictions:**
   CSP 601 and CSP 602 or by permission of instructor

4. **Course Objectives:**
   1. To increase student awareness of the importance and impact of diversity on the counseling relationship (II.G.2.b.; CMH E.1., SC. E.4.)
   2. To increase awareness of student’s own cultural background and what they “bring to the table” in the counseling relationship (II.G.2.b., G.2.e., G.5.b., CMH E.2., SC.D.1.)
   3. To explore theories of multicultural counseling and social justice (II.G.2.c. CMH E.3., SC.E.1.)
   4. To present multicultural and pluralistic trends in diverse groups both nationally and internationally (II.G.2.a., CMH E.5.)
   5. To present multicultural competencies (II.G.2.d.;CMH D.5.,SC.F.1.)
   6. To explore counselors’ roles in promoting social justice and advocating for clients, community, and profession (II.G.1.i.; CMH E.4., E.5., F.2., SC.O.4.)
   7. To explore counselors’ roles in eliminating prejudices and bias leading to intentional or unintentional oppression and discrimination (II.G.2.f., CMH E.5.)

5. **Student Learning Outcomes:** The student will be able to:
   1. Demonstrate understanding of their own cultural backgrounds and how these backgrounds affect the counseling relationship as evidenced by class activities, final project, and personal journals
   2. Demonstrate understanding of the importance and impact of diversity on the counseling relationship as evidenced by article summaries, class activities, Tatum project, and personal journals
3. Demonstrate understanding of multicultural competencies as demonstrated by article summary, class activities, and personal journals
4. Demonstrate the ability to advocate for client, community, and profession by class activities, article summaries, and personal journals
5. Demonstrate an understanding of the counselor’s role in eliminating prejudices and bias leading to oppression and discrimination as evidenced by class activities, Tatum paper, personal journals, and final project

6. **Course Content:**
   - History of multiculturalism
   - Genograms and family role in diversity
   - Understanding culture and cultural differences
   - Counseling with African-American clients
   - Counseling with women
   - Counseling the disabled
   - Counseling older adults
   - Counseling Gay, Lesbian, Bisexual, and Transgendered clients
   - Working with culturally diverse clients

7. **Teaching/Learning Methods:**
   - Lecture
   - Small group work
   - Multimedia presentation

8. **Evaluation Methods:**
   - Reflections/Reactions journals
   - Class activities
   - Article Summaries
   - Tatum Paper
   - Final Project
   - Attendance and participation

9. **Required Texts/Readings:**
10. **Preparer’s Name and Date:** Mathilda Catarina, Ph.D.

11. **Department Approval Date:** Fall, 1996

12. **Reviser(s) Name(s) and Date(s):** Mathilda Catarina, Ph.D., and Karen Decker, M.Ed., Fall, 2008

13. **Revision Approval Date:**

14. **Bibliography:**


