

# Spend Some Time with the PALS!



## Let us help you raise your GPA!

**PALs are here to help students make the most of their time at WPU both academically and socially. PALs can help with studying, getting involved, test prep, stress management, time management, and so much more! Also be sure to check out the PAL Study Group schedule.**

### **PAL Tiffany**

is a Junior Communications Disorders major from Avenel, NJ. She can help you with Communication Disorders classes (Intro, Phonetics, A&P of the Speech and Swallowing Mechanism, Science and Measurement of Hearing, etc.), Basic Math and Algebra, and Trig & Functions.

She can also help out with time management skills and organizational skills. If you struggle to maintain healthy eating habits, she can also help you find ways to make more health-conscious decisions!

[rodriguez10@student.wpunj.edu](mailto:rodriguez10@student.wpunj.edu)



# PALS!

### **PAL Tiffany is available:**

**Mondays: 1:00pm-3:00pm, PAL Office, OLS D125**

**Tuesdays: 1:00pm-3:00pm, PAL Office, OLS D125**

**Tuesdays: 3:00pm-5:00pm, OLS E Classroom**

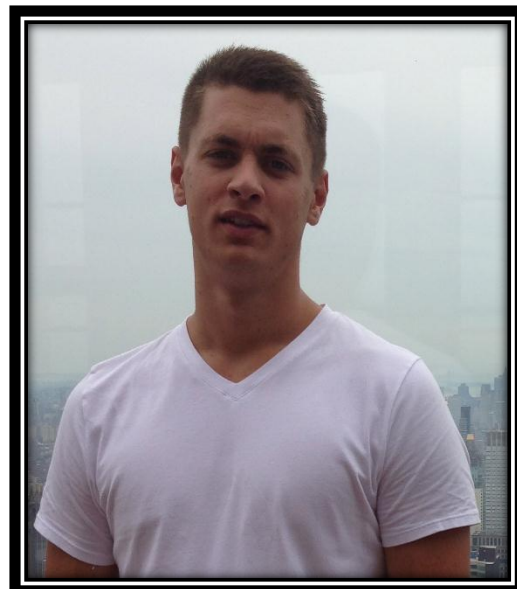
**Wednesdays: 11:00am-1:00pm, PAL Office, OLS D125**

**Wednesdays: 1:00pm-3:00pm, OLS F Lounge**

### **PAL Fredrik**

Is a Junior Finance and Global Business double major from Stockholm, Sweden. Fredrik can help you with Business Math and any first and second year Business courses. Fredrik can also help you learn more about getting involved on campus.

[hagbarthf@student.wpunj.edu](mailto:hagbarthf@student.wpunj.edu)



# PALS!

### **PAL Fredrik is available:**

**Sundays: 6:00pm-10:00pm, OLS E Classroom**

**Mondays: 11:00am-1:30pm, OLN F Lounge**

**Tuesdays: 10am-12:00pm, OLN F Lounge**

**Wednesdays: 11:00am-1:30pm, OLN F Lounge**

### **PAL Kayleigh**

is a Junior Nursing major from New Milford, NJ. She can help you with Anatomy & Physiology I & II, Nutrition, & Chemistry for the Health Sciences. She can also help out with time management skills and getting involved on campus.

[orocchik@student.wpunj.edu](mailto:orocchik@student.wpunj.edu)



### **PAL Kayleigh is available:**

**Sundays: 5:00-10:00pm, OLS E Classroom**

**Mondays: 10:00am-1:00pm, HME 3<sup>rd</sup> Floor Lounge**

**Thursdays: 12:30pm-1:30pm, HME 4<sup>th</sup> Floor Lounge**

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### **PAL Aileen**

is a Junior Elementary Education major with a concentration in Middle School and Special Education and a Liberal Studies major with tracks in English Writing & Psychology from Vernon, NJ. She can help you with Psychology, Human Biology, writing and editing papers, study skills, time management, and getting involved on campus.

[ruiza16@student.wpunj.edu](mailto:ruiza16@student.wpunj.edu)



# PALS!

### **PAL Aileen is available:**

**Sundays: 6:00pm-10:00pm, OLS E Classroom**  
**Wednesdays: 6:00pm-8:00pm, OLS F Lounge**  
**Wednesdays: 8:00pm-10:00pm, HME 2<sup>nd</sup> Floor**  
**Thursdays: 10:00am-12:00pm, PAL Office, OLS D125**

### **PAL Sally**

is a senior Nursing major from Palisades Park, NJ. She has been involved with Student Nursing Association and the WPU Swim Team for 4 years. Sally can help you with basic math, A&P, writing, editing, and revising papers. She can also help with note taking and time management skills!

[nah@student.wpunj.edu](mailto:nah@student.wpunj.edu)



# PALS!

### **PAL Sally is available:**

**Sundays: 2:00pm-5:00pm, OLS D Lounge**  
**Sundays: 7:00pm-10:00pm, OLS E Classroom**  
**Mondays: 7:00pm-9:00pm, OLS E Lounge**  
**Mondays: 9:00pm-11:00pm, HME G 07 Classroom**

### **PAL Anesha**

is a sophomore Biology major from Neptune, NJ. She can help you with General Biology I & II, General Chemistry I, as well as writing, revising, and editing papers. She can also help out with time management skills and organizational skills.

[behariea@student.wpunj.edu](mailto:behariea@student.wpunj.edu)



### **PAL Anesha is available:**

**Mondays: 1:30pm-4:30pm, PAL Office, OLS D125**  
**Tuesdays: 1:30pm-3:30pm, PAL Office, OLS D125**  
**Tuesdays: 3:30pm-5:30pm, OLS G Lounge**  
**Wednesdays: 2:30pm-5:30pm, OLS H Lounge**